

INSIDE

End of Season Salmon Dinner6
 Transportation7
 Tribal College8
 Religion12
 Elders13
 Health & Wellness14
 Police Report20
 Notices21
 Family22



Salmon Dinner
Page 6



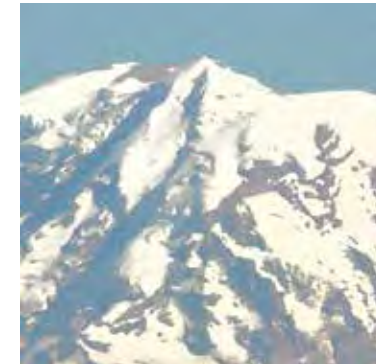
Mule Deer
Survival Update
Page 4

MUCKLESHOOT MONTHLY
 39015 - 172nd Ave. S.E.
 Auburn, WA 98092

NON-PROFIT
 ORGANIZATION
 U.S. POSTAGE
PAID
 AUBURN, WA
 PERMIT NO. 86



Muckleshoot MESSENGER



Vol. XIX No. II

Muckleshoot Indian Reservation, Wash.

March 16, 2018

MIT HOSTS EARTH DAY APRIL 19-20

Once again this year the Tribe will be hosting Earth Day celebrations and work parties to pick up trash, plant trees and decorative plants on Tribal lands. While plans are still in the making, local events will span two days, Thursday, April 19 and Friday, April 20.

The Tribal School will host numerous events on Thursday, including pesto making, cake walks, tea blending and paddle carving. Friday's events will include community cleanup, tree planting, a BBQ lunch with raffles and gifts down at The Pipeline.

In addition to planting trees, efforts are underway this year to put in traditional and indigenous plants around the administrative areas, and in the natural habitats and conservation areas of the reservation. The goal is to plant native species such as Beaked Hazelnut, Thimbleberry, Elderberry and Camas.

Clean-up this year will focus once again on the southwest side of the White River at The Pipeline. Smaller work parties will be in several other areas around the reservation, set to plant decorative plants on tribal properties.

A Facebook group (search "Muckleshoot Earth Day") has been set up to send and receive ideas and information, or you can contact Frankie Lezard, Event Manager, at 253-876-3342 for more information.



GRAPHIC BY NICOLE DANIELS

Kings are 2018 Tri-District Champions!

Team Averages 88.7 Points per Game During Regular Season

By Jamie Sluys, Athletic Director

The MTS boys capped a great season with another State Tournament appearance in Spokane. With a record setting number of wins this season, the boys were able to capture their first-ever Sea-Tac League Championship along with their first ever Tri-District championship!

MTS had four boys recognized as All-League players, and many deserving others. Head Coach Carlo Lavoie Jr. was named Sea-Tac League Coach of the Year. Congratulations Coach!!

We are very proud of the team and all of its members for a great season! With a strong group of returning players the Kings are looking forward to another State tournament run in 2018-19. "Repeat" will be the theme next season as the Kings look to defend both their League and District titles.

Thanks to everyone in the school and community who supported us along the way we could not have done it without you! We are looking forward to next season already! Go Kings!

Team members consisted of:

- | | |
|--|----------------------------------|
| Carlo Lavoie Jr., <i>Head Coach</i> | Ecko Augkhopinee |
| Leeroy Courville, <i>Assistant Coach</i> | Carlos Bennett |
| Kobe Courville | Jesus Bennett |
| Juan Romero | Darius Nichols |
| Ryan Thompson Jr. | Lamont Nichols |
| Kash Nichols | Richie Penn, <i>Team Manager</i> |
| River Allen | |



TRI-DISTRICT CHAMPS! Back Row, L-R: Coach Carlo Lavoie, Lamont Nichols, Kash Nichols, River Allen, Ecko Augkhopinee, Juan Romero, Darius Nichols, Coach Leeroy Couville Jr. **Front row:** Carlos Bennett, Jesus Bennett, Kobe Courville, Erick Elkins, Ryan Thompson Jr.

2017-18 Highlights

- 25-4 record – best boys team record in history of MTS
- 1st Ever Sea-Tac League Boys Championship
- 1st Ever Tri-District Boys Championship
- 18-game Winning Streak – school best
- 1st Team All-League players – Kobe Courville, Kash Nichols
- 2nd Team All-League – Ecko Augkhopinee
- Honorable Mention All-League – Ryan Thompson Jr.
- 4th Boys State Tournament appearance for MTS
- State Tournament Sportsmanship Awards – Ecko Augkhopinee, Jesus Bennett
- Sea-Tac Coach of Year 2017-'18 – Carlo Lavoie Jr.



Let Us Eat Healthy

COMMUNITY GARDEN

SPRING IS HERE and it's time to reserve your spot in the Muckleshoot Community Garden!

- Sign-ups will start on Monday, March 19, 2018 @ 10:00 am. Only one plot per Tribal Member allowed.
- Second round sign-up will start on Monday, April 2, 2018 @ 10:00 am for those Tribal Members who would like to sign-up for another plot, if any are available.
- You will need to stop by the Planning Department to fill out your request and/or call Lisa Sneatlum at (253) 876-3325 in the Planning Department to answer any questions and see what plots are still available.
- Sign up is from 10:00 am – 5:00 pm Monday thru Friday.
- The Community Garden has only 40 plots available, so plan early. We already have people inquiring about sign ups. The gardener needs to bring his/her own tools, plants, and supplies. Water is provided by the Tribe.
- The Community Garden has grown from last year. We have now built restrooms with hand washing available (with warm water). No more Honey Buckets! The plots have been raised to provide better drainage by adding more top soil and compost.
- The greenhouse can be used by everyone.
- We hope you reserve your Community Garden plot soon! First Come, First Serve!

LeeRoy Courville Sr. is the Community Garden Manager. His assistant is Lucas Nelson.

Emerald Downs Announces 2018 Racing Dates & Events

The Muckleshoot Tribe's Emerald Downs Racetrack and Casino has announced a 67-day live racing season in 2018, with Opening Day on Sunday, April 22 and continuing through Sunday, September 23.

Opening on Sunday is a first for Emerald Downs, and also the lone day of racing opening week. The track then offers Saturday/Sunday racing April 28-29 and May 5-6, with Friday racing beginning May 11 and continuing throughout the season.

POST TIMES are pretty much the same as previous years: 2:00 pm Sundays and 6:30 pm Fridays. Saturdays, however, are slightly different in 2018. The first seven Saturdays, April 28 thru June 9, feature a 2 pm post, and the final 16 Saturdays, June 16 thru September 29, have a 5:00 pm post time. The annual Fireworks Spectacular on Tuesday, July 3, also begins at 5:00 pm.

INDIAN RELAY RACING returns the weekend of June 8 to June 10. Other popular promotion days include Camel and Ostrich races on Sunday, May 20, Wiener Dog Races on Sunday, July 8, and Corgi Dog Races on Sunday, August 5.

The 83rd running of the Pacific Northwest's most legendary race, the Longacres

Mile (G3), will be held Sunday, August 12.

MUCKLESHOOT DERBY. The premier race for three year olds will be run on Sunday, July 29 and this year the race has been renamed the Muckleshoot Derby in honor of the Tribe.

TRIBAL MEMBER FREE ADMISSION. Muckleshoot Tribal members receive free admission at Emerald Downs every live racing day. It's a fun and exciting way to spend a day or evening with the entire family. Come on out and enjoy the fine spring and summer weather, the beautiful animals, all of it perfectly framed by a gorgeous view of The Mountain.

EMERALD CASINO. Emerald Downs also offers 15 thrilling Table Games in the casino on the 5th floor. Open at noon every day. Ages 18 and older may play in the casino and wager on the races.

For more information go to emerald downs.com.

2018 Emerald Downs Live Race Days

- April:** Sunday, April 22, 2 pm; Saturday, April 28, 2 pm; Sunday, April 29, 2 pm.
May: Saturday, May 5, 2 pm; Sunday, May 6, 2 p.m.; Friday, May 11, 6:30 pm; Saturday, May 12, 2 pm; Sunday, May 13,



PHOTO BY JOHN LOFTUS

- 2 pm; Friday, May 18, 6:30 pm; Saturday, May 19, 2 pm; Sunday, May 20, 2 pm; Friday, May 25, 6:30 pm; Saturday, May 26, 2 pm; Sunday, May 27, 2 pm; Monday, May 28, 2 pm.
June: Friday, June 1, 6:30 pm; Saturday, June 2, 2 pm; Sunday, June 3, 2 pm; Friday, June 8, 6:30 pm; Saturday, June 9, 2 pm; Sunday, June 10, 2 pm; Friday, June 15, 6:30 pm; Saturday, June 16, 5 pm; Sunday, June 17, 2 pm; Friday, June 22, 6:30 pm; Saturday, June 23, 5 pm; Sunday, June 24, 2 pm; Friday, June 29, 6:30 pm; Saturday, June 30, 5 pm.
July: Sunday, July 1, 2 pm; Tuesday, July 3, 5 pm; Friday, July 6, 6:30 pm; Saturday, July 7, 5 pm; Sunday, July 8, 2 pm; Friday, July 13, 6:30 pm; Saturday, July 14, 5 pm; Sunday, July 15, 2 pm; Friday, July 20, 6:30 pm; Saturday, July 21, 5 pm; Sunday, July 22, 2 pm; Friday, July 27, 6:30 pm; Saturday, July 28, 5 pm; Sunday, July 29, 2 pm.
August: Friday, Aug 3, 6:30 pm; Saturday, Aug 4, 5 pm; Sunday, Aug 5, 2 pm; Friday, Aug 10, 6:30 pm; Saturday, Aug 11, 5 pm; Sunday, Aug 12, 2 pm; Friday, Aug 17, 6:30 pm; Saturday, Aug 18, 5 pm; Sunday, Aug 19, 2 pm; Friday, Aug 24, 6:30 pm; Saturday, Aug 25, 5 pm; Sunday, Aug 26, 2 pm; Friday, Aug 31, 6:30 pm.
September: Saturday, Sept 1, 5 pm; Sunday, Sept 2, 2 pm; Friday, Sept 7, 6:30 pm; Saturday, Sept 8, 5 pm; Sunday, Sept 9, 2 pm; Friday, Sept 14, 6:30 pm; Saturday, Sept 15, 5 pm; Sunday, Sept 16, 2 pm; Friday, Sept 21, 6:30 pm; Saturday, Sept 22, 5 pm; Sunday, Sept 23, 2 pm.

2018 Projects Update

In order to promote an increased level of tribal government transparency, the following list has been provided to keep you up to date on projects slated for 2018.

- \$ **HWC Chief Medical Officer** – Actively looking for an additional candidate for a final interview with Executive Health Committee.
- \$ **Anti-Drug Task Force Initiatives** – Mike B (Project Manager) is heading up implementation and bi-weekly meetings.
- \$ **Reservation Internet** – Monthly updates.
- \$ **Emergency Management Plan** – Obtained community comments at Elders’ Breakfast on January 27th, 2018. Currently in phase 1 and 2.
- \$ **The “Terro” Program** – Lee Luscier is currently developing a process for providing additional “points” in evaluation scoring of contractors for projects.
- \$ **Executive Management Training** – Human Resources has been given direction with options presented in April.
- \$ **Truancy Ordinance** - Accounting department is currently finalizing budget needs for the official roll out.
- \$ **Enterprise/WIXs Contract Rollout** – Mike B (Project Manager) is currently organizing roll out.
- \$ **Creation of Culture Division** – Mike B (Project Manager) is currently organizing the project.
- \$ **Compensation and Timeclock Project** – Mike B (Project Manager) is organizing the Timeclock Project and Human Resources is leading the Compensation Project.
- \$ **Housing Authority Transfer Feasibility** – Mike B (Project Manager) is currently organizing the project.
- \$ **Cannabis** – General Manager interviews are being conducted. Walls are being constructed for the Cannabis Shop.
- \$ **MCDC Startup** – Board Meeting updates.
- \$ **Court Planning** – Leadership needs to be developed to discuss vision.
- \$ **In-Home Care (VA and Billing)** – Contract agreement with billing agency.



Muckleshoot Health & Wellness Center Purchased Referred Care (CHS)

Dear MIT Tribal Members,

Effective immediately, Purchased Referred Care (CHS) will pay medical bills, medical statements, and collection notices related to medically necessary services rendered between **01/01/2000 and 12/31/2017**.

You must meet the following criteria for your medical bills to be considered for payment:

- Enrolled Muckleshoot Tribal member
- CHS eligible at the time the services were rendered
- Date of Service is between *01/01/00 and 12/31/17*

Please submit your documentation for review to the PRC/Registration office at the Health & Wellness Center no later than 04/30/18

(All bills will be reviewed for medical necessity prior to payment)

Statements and medical bills received after 04/30/18 may not be considered for payment and will be your responsibility.

Sincerely,
Muckleshoot Health & Wellness Management

Tax Preparation Service At Philip Starr Building

H&R BLOCK

H&R Block will continue to offer tax preparation services in the conference room at the top of the stairs in the Philip Starr Building through Tuesday, April 17.

Hours are 10:00 AM - 5:00 PM Monday, Wednesday & Friday and 10:00 AM - 2:00 PM on Tuesdays & Thursdays.

STATE TOURNAMENT

PHOTOS BY DAVID WILLOUGHBY, WPA NETWORK

JOIN US FOR OUR

MINOR'S TRUST EDUCATION CLASS

BROUGHT TO YOU BY PROVIDENCE

FIRST TRUST

WE ARE LOOKING FOR MUCKLESHOOT TRIBAL MEMBERS WHO ARE PREPARING TO RECEIVE THEIR TRUST FUND

WEDNESDAY

MARCH

28

4PM TO 7PM

MUCKLESHOOT HEALTH & WELLNESS CENTER
17500 SE 392ND ST
AUBURN, WA 98092

PLEASE CONTACT
253-876-3014 IF YOU
HAVE ANY QUESTIONS

HOPE TO SEE YOU
THERE!

2018 Per Capita Deadlines & Schedule

April 30, 2018	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
May 11, 2018	- Deadline to stop taking Direct Deposit Changes/Cancellations
May 31, 2018	- Enrollment Cut Off Date for <i>September 2018</i> Per Capita
June 5, 2018	- Per Capita Distribution in Cougar Room at PSB
June 6, 2018	- Per Capita Distribution in Cougar Room at PSB
June 7, 2018	- Per Capita Distribution Finance Building

PLEASE NOTE: The monthly Senior assistance payments (TESSA/TESSB) are no longer income, therefore we cannot withhold taxes from those payments. If you would like to have more taxes withheld from your quarterly Per Capita payments – please see Finance to fill out a form.

MUCKLESHOOT MESSENGER
John Loftus, Managing Editor
39015 172nd Ave. SE
Auburn, WA 98092
Muckleshoot.Monthly@muckleshoot.nsn.us

Muckleshoot Tribal Council

Virginia Cross, Chair
Anita Mitchell, Vice-Chair
Jeremy James, Secretary
Jaison Elkins, Treasurer
John Daniels Jr.
Jessica Garcia-Jones
Mike Jerry Sr.
Kerri Marquez
Louie Ungaro
Donny Stevenson,
Councilmember-elect

Walter Frank Jackson

March 14, 1947 – February 26, 2018

Working with Wally – A Remembrance

Wally's primary focus was to bring resources to his community to nurture and expand tribal economies on a personal level and on our collective level; and by "collective," that includes national, state, inter-tribal, local, and special partnerships depending on the need or the opportunity.

He worked with everyone. As a young man he studied business management and developed his talents in American Indian Trade and Economic Development at the national level. He eventually returned home to his beloved Quileute Indian Nation at La Push and worked first in the Planning Department, then served on the Tribal Council, sometimes leading as Chairman, and at one time was the Executive Director.

Whether it was education, tribal facilities, infrastructure, cultural or spiritual practices, or taking care of the environment, Walter Jackson rolled up his sleeves, brought people together, and got everyone working – pulling together for a better world.

Tribal Tourism was a priority for Wally as he promoted economic development through the Olympic Peninsula Tribal Tourism Association – OPTTA. He brought local entrepreneurs together to create an association that would eventually manage Highway 101 as a National Scenic Byway.

He provided guidance to the Governor's Office of Indian Affairs and the Community, Trade and Economic Development Department – Office of Tourism, in conducting a statewide survey to gauge readiness and interest in Tribes participation in the tourism industry.

That work resulted in substantial progress as he chaired the Affiliated Tribes of Northwest Indians Tourism subcommittee (of the larger Economic Development Committee). ATM received a large grant to produce a conference, create a website, and publish a tour guide for Tribes in Washington State that was so thorough and beautiful it prompted the Oregon Tribes to follow suit with their own visitor's guide.

The grant allowed ATNI to hire staff and produce a newsletter. The combined efforts identified casinos, as these were starting to attract customers; but even more so, it looked at what Tribes have to offer in the way of natural resources, cultural experiences, dining, shopping, special events.

It also promoted respect to protect people's privacy and keep certain areas or activities from being trespassed from overzealous tourists. Always the professional planner, Wally recently said, "We have to measure our progress, we need to update that work. Things change, it's been 18 years."

At home in La Push he worked to get the Oceanside Resort upgraded with beautiful cabins while providing job training to Tribal members. The cabins are top quality by any market standard and packed full the entire tourist season.

He got the Riverside Restaurant built by working with state and federal funding agencies to remodel the old boathouse. He also worked to bring housing, roads, and related public works to raise the standard of living in La Push with a focus on health

and safety.

The Bogachiel River was known for jumping out of its channel and flooding the road, the only access in or out of the village. He worked tirelessly to solve that problem. The State Department of Transportation helped with rip-rap for the riverbank, and Wally got the Army Corps of Engineers involved. WSDOT studied methods to solve the flooding at milepost 8 and installed warning meters in the river. He never stopped working.

When Wally and Pamie made their home at Muckleshoot, Wally continued to work on a pet project of his, Native Foods and cooperative growing, harvesting and distribution systems. Wally and his business partner, Bill, traveled from Bill's homeland in Alaska to every reservation and Urban Indian Center in the Great Pacific Northwest. He promoted and promoted that collective work, much to the benefit of individual entrepreneurs and Tribal fishery operations.

He worked to his last days. When I visited him in the hospital a few days ago he was having trouble breathing, had to speak in a whisper. "Colleen," he said, and I leaned in to hear him, "I have some projects I want you to work on..."

God Bless You, Wally. You are so loved by your big fan club; and now we will get to work. We know you are pulling with us, guided by your vision from a higher perspective.

Your Good Friend,

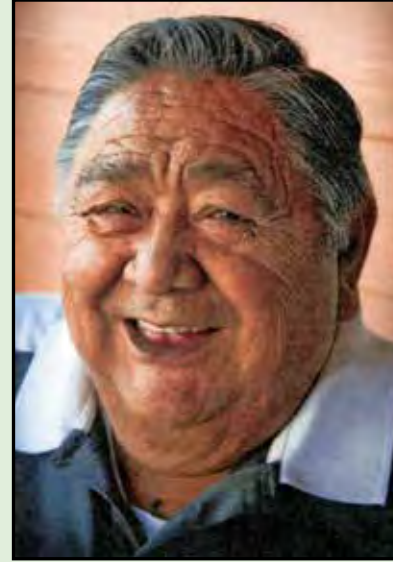
Colleen Jollie

March 2, 2018

Wally is survived by his dear wife, Pamela H. (Anderson) Jackson; sister Linda Hopper; brother Larry Jackson Sr.; daughters Charlotte F. Jackson, Susan Smith, Jean Smith-Jackson, Henrietta Jackson, Grace Jackson, stepdaughters Colleen Anderson and Jennifer Black; son Elijah Jackson Sr., stepsons Joseph Ward and Arvie Ward; 16 grandchildren, five great-grandchildren and numerous nieces and nephews.

He was preceded in death by his parents, Oliver and Charlotte (Cooper) Jackson; sister Janice (Jackson) McCallum; brothers David Jackson Sr., Randy Jackson Sr., Ricky Jackson and Oliver Jackson Jr.; and son Corey Jackson.

A dinner and candlelight service was held at the La Push Shaker Church on March 2, 2018, followed the next day by a funeral service at Akalat Center. Wally's ashes will be spread by loved ones at a later date.



Gerald Shane Moses

Gerald Shane Moses, 25 of Auburn, died March 2, 2018. He was born in Auburn to Gerald and Veronica on June 10, 1992. Gerald was an avid hunter and fisherman, he also enjoyed gambling and Snapchat. He loved being a brother, uncle and Shaker.

He is survived by his mother Veronica Sue WhiteEagle; father Gerald Donald Moses, Sr.; sisters Ashley WhiteEagle and Edna Moses.

A visitation was held, Monday, March 5, 2018 at Weeks' Funeral Home in Buckley with a prayer service afterward at the Muckleshoot Shaker Church. A funeral service was held Tuesday, March 6, 2018 at Muckleshoot Shaker Church, followed by burial at Old White Lake Cemetery on the Muckleshoot Reservation.

Please sign the online guest book at www.weeksfuneralhome.com



Robert Rae Davis III

Robert Rae Davis III, "Bobby," age 50, of Bellingham, passed away on Wednesday, February 21, 2018 in Ferndale.

Robert was born on December 21, 1967 in Bellingham to Robert Jr. and Margaret (McClusky) Davis. He was a commercial fisherman who loved fishing, crabbing, and diving. Robert also loved golfing, snowboarding, poker, and the Seahawks. Most of all, Robert loved his family and spending time with them. He was loving, giving, strong, gifted, caring, supportive, encouraging, and a strong leader.



Favorite memories from his family:

Ayiana's was "He was the best soccer coach and super supporter," and any time being on the water with dad crabbing, diving, and fishing, and him being able to teach our way of life and culture.

Kyle's was "Fishing with my dad" and summer crabbing with pops was his fav, listening to Metallica and just killing it!

Kim's was Sunday Dinners with our family.

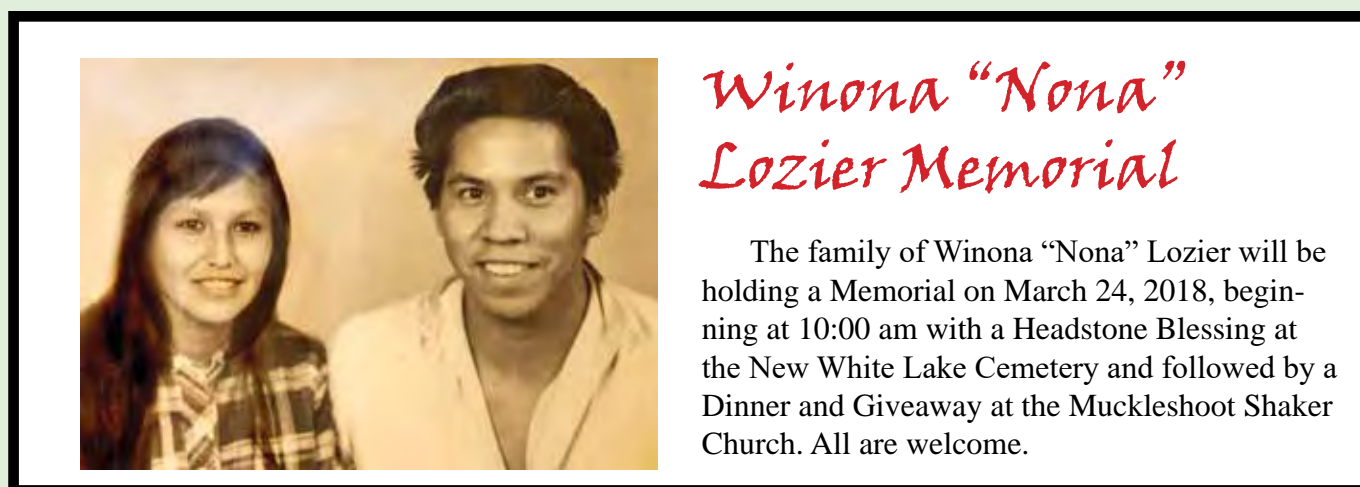
Jennessa's was "when he first met his granddaughter" and "seeing his face when I would surprise him when I'd come up and then him surprising us when he would come down for Sunday dinner.

Luke's was being on the boat with him and just seeing his smile after we were all done for the day.

Baby Jennessa's: "I loved it when daddy pushed me on the swing at the park. He kept me safe. I love to be a Davis like daddy. He always teased me and made me laugh, he played games with me and we would pray."

He is survived by his wife Kimberly Nunnenkamp; sons Kyle Davis and Luke Lane; daughters Jennessa Davis, Ayiana Miller, Jenessa Lane and Marie Martin; mother Margaret (Brian) Gaspare; brothers Brian Davis and Todd (Beverly) Davis; sisters Pamela (Ryan) Ramos, Claudia Miller and Lisa Miller; grandchildren Yessenna, Syera, Ethan, Oliver and Emma; 19 nieces and nephews and many loved ones.

He is preceded in death by his father Robert Rae Davis Jr.; grandfather Robert Rae Davis Sr.; grandmother Peggy Davis; grandfather Lee McCluskey; and grandmother Marguerite McCluskey.



Winona "Nona" Lozier Memorial

The family of Winona "Nona" Lozier will be holding a Memorial on March 24, 2018, beginning at 10:00 am with a Headstone Blessing at the New White Lake Cemetery and followed by a Dinner and Giveaway at the Muckleshoot Shaker Church. All are welcome.

AMERICAN INDIAN FILM ICON MIKE SMITH PASSES ON

SAN FRANCISCO – Michael Smith, the Relocation-era Sioux man who founded the American Indian Film Institute and the American Indian Film Festival, passed away on February 14, 2018 in San Francisco. He was 66.

Mike grew up watching non-Natives play Natives, perpetuating stereotypes and disseminating inaccurate and often offensive portrayals of American Indians onscreen. As a visionary 20-something, he founded the American Indian Film Institute in Seattle in 1975 and held the first American Indian Film Festivals there before moving it to San Francisco in 1979.

As they say, the rest is history. In November of 2017, the AIFF marked its 42nd year as the premiere showcase for aspiring Native filmmakers, having screened countless films by, for and about Native peoples and shattering stereotypes around the globe.

The Muckleshoot Tribe has screened numerous films at the festival, including *Pulling Together*, *Gathering Together*, *Relaunch: Revitalizing the Tradition of the Muckleshoot Canoe*, *Love of the Game*, and several others.

As tributes pour in for Michael Smith – the visionary Sioux man who changed worldwide audiences' perceptions of America's indigenous people and their culture, his family vows to continue his work and honor his legacy.

Funeral services and burial took place on February 22, 2018 at Fort Kipp, MT, followed on March 9 by a celebration of his life in Oakland, CA.

– by *Wishelle Banks & John Loftus*



Wildlife Program Eastside Mule Deer Survival Study Update

By David Vales, MIT Wildlife Biologist

The Muckleshoot Wildlife Committee has long demonstrated a desire to manage game populations based on sound biological principles, while making management decisions based on data. The Wildlife Program has intensively studied big game in areas that tribal members commonly hunt in order to develop regulations consistent with sustainable harvest and robust game populations.

In 2013, we initiated a female mule deer survival study in Game Management Units (GMU) 336, 340, 342, and 346 to better understand deer population dynamics. The WDFW aerial survey and hunter harvest data in the study area indicated that mule deer numbers had declined considerably since the mid-1990's to about 50% of the historical high. The state had closed antlerless deer seasons in 2007 to help the herd recover, but they were not seeing a rebound.

There were a number of factors contributing to the herd decline: suspected adenovirus hemorrhagic disease, fawn hair loss, a series of bad winters, predators, and hunter harvest. Whatever the cause, we felt that information was needed on what was preventing the herd from recovering.

We began our project in early 2013, using a helicopter to capture and collar 75 female deer in five areas, with a main objective of determining causes of mortality. Subsequent captures in the following years have resulted in us collaring 232 deer so far. The collars we use send us a GPS location daily via satellite and alert us immediately when the animal dies.

Compensatory vs. Additive Mortality. One of our goals was to determine if mortalities were "compensatory" or "additive," which are key concepts in herd management.

- **Compensatory mortality** occurs when a proximate (immediate) mortality factor such as a cougar or vehicle kills an animal that may have died anyway from causes such as a disease, sickness, injury, old age, or poor condition.
- **Additive mortality** occurs when a healthy, productive, and younger animal dies that would have likely survived the season and lived to potentially reproduce.

Hunting big game can be additive or compensatory depending on future conditions. If we had a crystal ball and could foresee a bad winter coming, we might propose a more liberal season to allow hunters to harvest animals rather than having them starve due to bad winter weather. But we must err on the conservative side and try to manage for average winters and modest hunter harvest to allow enough animals to survive and reproduce.

Management aimed at reducing additive (healthy animal) mortality factors should result in improved survival. Compensatory factors – those which target the less healthy animals -- are more difficult to manage and may not yield rapid or substantial improvement in survival.

Predation can be a good thing if it's compensatory, since it removes the unproductive or unhealthy animals and support predator populations, but some predation is often additive, affecting the healthy animals in the population.

To determine if a study animal died from compensatory or additive mortality factors we use teeth and fat content of bones to assess age and condition at time of death, and examine carcasses for signs of injury, disease, or parasites that might have predisposed an animal to dying.

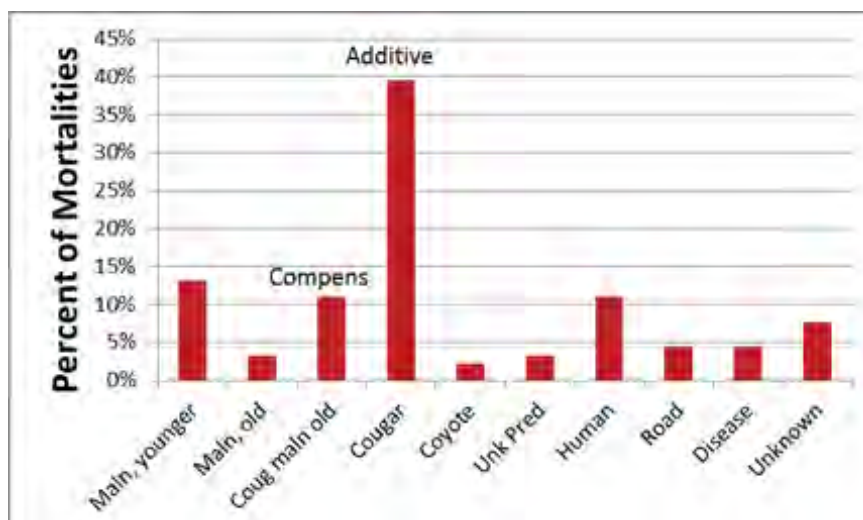
Analysis of Mortality Rates, Distribution and Related Factors

The results presented here are preliminary and in draft form, since the study and analyses are ongoing and percentages may change with more data. After studying the herd for five years we have learned that the answer to better female survival throughout the study area is complex. Annual variation is apparent, with bad winters resulting in lower deer survival due to "winterkill" and mild winters resulting in higher survival.

We have documented and investigated 103 mortalities. Cougar have killed 53 of those deer (51% of the overall mortality), however, 21% (11) of those 53 deer killed by cougar were in poor condition or old and were considered compensatory mortality. The 40% of total mortality due to cougar that is additive (again, affect-

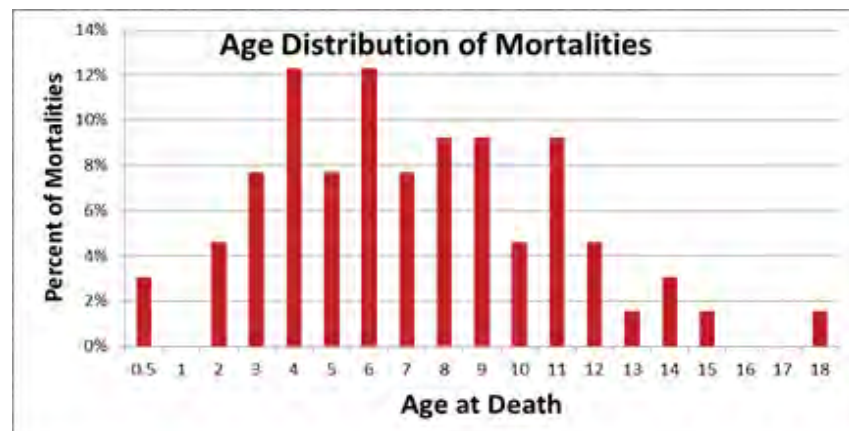
ing younger healthier animals) could be reduced by having fewer cougars to prey upon deer.

Malnutrition mortality of younger study animals can be due to habitat effects, winterkill, or predisposition such as injury or disease, and accounted for 13% of total mortality. Managing for better habitat may reduce mortality, but severe winters may still kill many deer. About 10% of the total deer mortalities were either legal hunting or poaching. The graph shows the distribution of mortality causes through 2017.

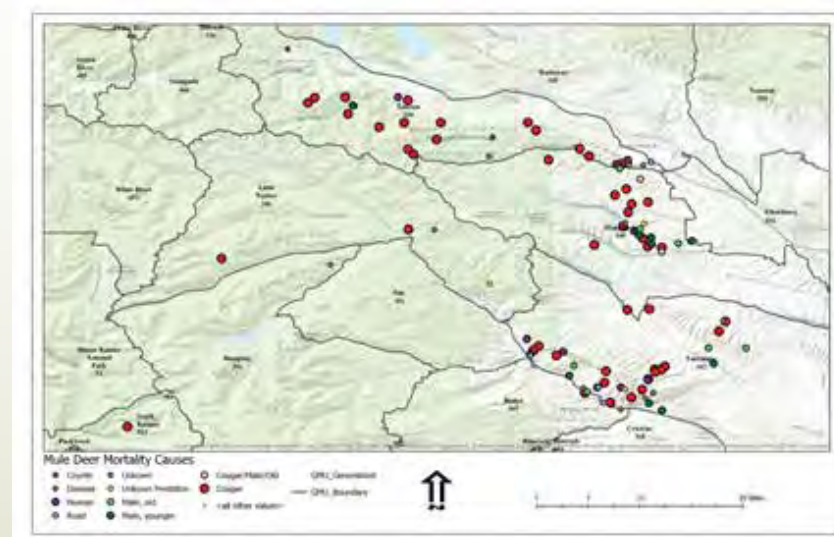


Approximately 65% of mortalities occurred during winter and spring months. Most mortality occurred in March and again in May. Jumps in ungulate (deer and elk) mortality often occur during spring green-up, when animals succumb to the effects of a long winter, but also due to diet shift to higher-quality green forages because digestive systems have a hard time transitioning to the change in foods.

Animals of all ages died but a higher proportion of younger study animals died than older ones which may simply reflect the age distribution of all female deer in the population and not age-specific selective mortality on the collared deer.



Mortalities have occurred in proportion to distribution of marked animals. The five capture areas all had animals dying with similar higher mortality rates. Mortalities occurred throughout winter and summer range, (see map), but causes of mortality seem to differ among the areas. We are still analyzing these patterns that may reveal the need to implement different management strategies in different areas.



Map of collared deer mortality locations and cause

Annual survival rates have averaged 0.77 during 4 complete years, but bad winters in 2015 and 2016 resulted in lower survival.

Biological Year	Annual Survival Rate
2012 (partial)	0.88 (partial year)
2013	0.82
2014	0.81
2015	0.67 <= very bad winter
2016	0.77 <= bad winter
2017 (current)	0.91 (ongoing)

Pregnancy Rates & Herd Productivity. Pregnancy rates are an indicator of potential herd productivity and are sensitive to habitat conditions and animal age structure. Poor habitat or summer drought can lead to low pregnancy rates of prime age animals; yearlings and old animals typically have low pregnancy rates.

Pregnancy rates were good in 2013 at 0.94 and in 2014 at 0.92, and these were reflected in the following spring fawn per 100 doe ratios of 72 and 52 respectively. The drought in 2015, however, contributed to a low pregnancy rate of 0.81 by affecting forage conditions resulting in a low 34 fawn per 100 doe ratio. The results emphasize the complex and often variable effects summer and winter weather has on survival and productivity.

Overall Population Size. An accurate estimate of population size in the study area remains elusive but is likely in the 3,000 to 4,000 range. We did see a decline in deer following the bad winter of 2015-16, and the drought effects and moderate winter of 2016-17 has further prevented herd growth.

Migratory Patterns. Along with the mortality data we gained valuable insight on a variety of migratory strategies. Out of the deer collared so far 30% were resident, 12% had short range movements, and 58% had long range movements. During summer marked deer were found in GMU's 336, 340, 342, 346, 352, 356, 360, 513, 490, and 653. The longest migrators travelled almost 60 miles to their summer ranges.

Wolf Predation? We have yet to document a collared deer killed by a wolf. The work here documents baseline survival rates under a variety of conditions in the absence of wolves. Survival rates are already low and the deer herd is not stable, so an additional mortality factor could change the current situation dramatically.

LOOKING AHEAD. Our preliminary results highlight the variability in female mule deer survival over time and the need for long-term studies to understand complexity. Doe survival and fawn productivity are the keys to having a healthy buck hunting opportunity. Our goal is to tease out the various factors of mortality and identify which can be effectively managed.

Not enough study animals died naturally of malnutrition to indicate that the habitat is unable to support the current population size, which is only one-half of the estimated historical high, and pregnancy rates were good in most years.

Continuing to prohibit antlerless hunting is necessary to minimize the additive effects of hunting. Preliminary results suggest fewer cougar should improve survival, but random severe weather events may override the improved survival if there is less predation. We continue to work on this problem so that hunters can enjoy success consistent with what the herd can sustain.



Tribal Development Department Presents...

“Rolling out the Red Carpet for Accomplishments”



The Tribal Development Program hosted the annual Accomplishment Ceremony on January 18th, 2018.

The evening began with a short video of our Tribal development Participants “on the red carpet”. The evening then went to an opening prayer song, food blessing song, and performance by the Canoe Family. Conrad Granito and Assistant Director of Human Resources, Johnelle Ramirez, welcomed everyone and thanked them for joining us in the celebration of the Accomplishments Tribal Council Chair Woman, Virginia

Cross, then spoke to our guest about the vision and goals that the Muckleshoot Tribe has for the Tribal Development Program.

During dinner we had a few activities for all to enjoy, the first being “Guess the TDP Star” with baby pictures of current participants. Sallie Eyle was the winner of this guessing all the photos correctly. The 2nd activity was Movie Trivia with table groups. 1st place was The Critics, 2nd place The Quinceaneras, and finally 3rd place Table 16. There was also a photo booth with red carpet props.

After dinner, Johnelle and Conrad announced the phase movements of twenty-three Participants for the 2017 year. Once those were acknowledged, the Graduates were announced. We awarded ten graduates for 2017 including one Business Leader Rotation. It is amazing to see Muckleshoot Tribal Members accomplishing goals and pushing themselves to succeed to become great leaders.

Phase Movements Completed:

- Ambrosia Andy – Finance Accounting Technician – Phase 2
- Robert Baker Jr. – EVS Supervisor – Phase 3
- Elizabeth Becerra – Sr. Marketing Administrator – Phases 1 through 4
- Marilyn Borrego – Table Games Floor Supervisor – Phases 1 through 4
- Stephanie Butler – VGD Supervisor – Phases 1 & 2
- David Cabanas – Valet Manager – Phase 3
- Corey Cross – Electrician – Phases 2 & 3
- Phillip James – Assistant Chief Engineer – 2 & 3
- Jeanne Jerry – F&B Supervisor – Phase 4
- Justin Johnson – IT Supervisor – Phases 2 through 4
- Yvonne Johnson – Food Operations Manager – Phase 2
- Janet LaClair – Tribal Development Specialist – Phases 1 through 4
- Trisdin Lozier – Finance Clerk III – Phase 1
- Della Morrison – Finance Clerk III – Phase 1
- Shianna Moses – Sound and Light Technician – Phase 1
- Johnelle Ramirez – HR Assistant Director – Phase 3 & 4
- Robert Redthunder – Table Games PIT Manager – Phase 1
- Whitney Rodrigues – Electrician – Phases 2 through 7
- Cline Ross – IT Desktop Support Technician – Phase 1
- James Ross Jr. – IT Service Desk Technician – Phase 6 & 7
- Roberta Tecumseh – Talent Development Clerk II – Phases 1 through 4
- Natasha West – Revenue Audit Manager – Phases 1 through 4
- Valerie Williams – Table Games PIT Manager – Phases 1 & 2

Graduates:

- Cole Buchanan – Building Maintenance Engineer
- Emma Garcia – Finance Clerk III
- Roger Jerry – Table Games PIT Manager
- Devon Johnson – VGD Shift Manager
- Janet LaClair – Tribal Development Clerk III
- Jesse McDaniel Jr. – Business Leader Rotation for IT
- Carrie Patterson – Heavy Duty
- Robert Redthunder – Table Games Floor Supervisor
- Joylene Simmons – Gift Shop Lead
- Monica Simmons – Training and Development Manager

Matt McDaniel moves on, but stays in Tribal Country

By Dennis Moore

Having recently retired from the position of Fish Enhancement Manager I can only speak of my experience working with Matt McDaniel, White River Team Leader, biologist, and the heart beat of the White River Hatchery Programs. As the saying goes, we’re only as good as people we supervise, and when I left the employment of the Tribe I left behind the best staff anyone could hope for (and that goes for all programs under my roof).

When our past White River Team Leader (Richard Johnson) retired, Matt was a seasoned manager, having mastered all aspects of the operations at the hatchery, and then sum. Matt did more than take over the reins of the hatchery business but also took charge as Chair of the South Sound Spring Chinook Technical Committee keeping the committee business running

smoothly for South Sound Tribes and government agencies that participate in the rebuilding of the White River Spring Chinook.

Recently, a hatchery manager position opened up at the Colville Tribe for their nearly new mega hatchery at Chief Joseph Dam on the Columbia River just above Grand Coulee Dam. Up for new challenges, Matt threw his hat in the ring and was chosen to be their new fish production boss.

In honor of Matt’s dedication to a job well done, and his 10 years of service for the Tribe, current and former staff put on a potluck going away party on January 25th. Fish Enhancement staff, hatchery volunteers, and their pathologist from Northwest Indian Fisheries Commission, Nora Hickey attended for some fine dining, accolades, toasts, and check out a fish rubbing print to grace Matt’s new office.



♥ *Lauryn Maria Courville* ♥

Our Family wanted to take a few minutes to recognize our Lauryn Maria Courville and her accomplishments thus far in her young life.

Lauryn started Gymnastics at Auburn Gymnastics Center Feb 28th, 2014. She started in beginner class and has never left the gym since. She has progressed from beginner, advanced beginner, intermediate, level 2, 3, 4 and jumped from level 4 to 7 after last year’s meet season. She attends practice 5 days a week and takes on longer hours during the summer and loves it!

Lauryn is also a very good student, testing above grade level in some subjects. She will be entering middle school at Thunder Mountain Middle school this fall.

Some back story on Lauryn, and how Gymnastics has really been an outlet for her to focus on. As most of our community knows, in November 2012 our family suffered a devastating loss. Our daughter Alicia Courville passed away at the young age of 14 after battling Acute Myeloid Leukemia for a few years.

Being just five at the time made it really hard for Lauryn to understand what had happened and understand her own grieving. We always remained positive during her sister’s illness even when they said nothing else could be done. We never gave up fighting.

Then July 1st 2013 Lauryn was rushed to Mary Bridge with a blood sugar so high they don’t know how she wasn’t in a coma. We knew something was wrong with her, but didn’t know what exactly.

It was then that she was diagnosed with Type 1 diabetes and stayed in the hospital for 5 days. They said she probably always had a weak pancreas, but the trauma she had recently endured with the loss of her sister had triggered the onset of her diabetes. Learning to live as a Type 1 diabetic was a whole new adventure to say the least, and a learning experience for the whole family.

As a mom, I was thinking, “What can I do to help my young daughter get through her grief?” Her older siblings and adults attended counseling, but that don’t help much for really young ones. I told myself, “I can’t let her suffer. I said I have to find something she loves to do to keep her mind busy.”

We tried a few other sports/activities but I didn’t think they kept her mind and body busy enough until we decided to try Gymnastics! She really took off then. I was happy we found her sport, her outlet, and something to keep her focused so she wasn’t in constant reminder of her pain in her heart.

Before she started at Gymnastics, if you asked her where she wanted to work when she grows up she would’ve answered McDonald’s! After starting Gymnastics, she said working at the gym as a coach, and now her dream and goal is to take the Gold at the Olympics! Our family will always support her dreams and goals. You can achieve anything you put your mind to and work for.

Lauryn, we love you and are so very proud of you! Keep up the good work in your life. May you always be blessed and achieve all your dreams and goals you have set for yourself. You’re a great inspiration.

Love,

Mom, Dad, Popo, Sisters & Extended Family



Lauryn with big sister Alicia



Here are Lauryn’s results at the Magical Classic. She finished 11th All-Around for her level.



Awakening the Canoes

Join us on Sunday, March 25 at 12:00 Noon
@ Don Armeni Boat Launch – Alki Beach
Meet 9:30 AM @ Culture Building for a ride
Questions? Call: (253) 876-3013



End of Season Salmon Dinner

February 23rd, 2018 ~ Pentecostal Church

PHOTO BY SUSAN R. STARR





MOST PROGRAM OVERVIEW

MOST is a program designated to members of the Muckleshoot Indian Tribe and surrounding communities in vocational programs that deliver industry-validated, state accredited, certificate of competency programs. Upon completion of the program, students have flourished in obtaining employment and furthering their education. 77% of completing students obtained a job during or after the program. 33% of students are continuing their education in or beyond MOST offerings. The MOST Program offers a blend of computer fundamentals, customer service, and IT training. Free computer classes prepare students for certifications in Microsoft Applications, A+ Computer Technician, Network+ Network Technician, and IC³ Micro-

soft Office certification programs. Upon completion of a module, a certificate is awarded in conjunction with Clover Park Technical College. Vouchers are available for certification tests upon completion of full courses. To be eligible for the MOST Program, students must be at least 16 years of age and have a high school diploma or GED. Advanced IT classes require prior knowledge and enrollment may be subject to instructor approval.

For More Information Call:
Janet Emery: 253-876-3355
Queenia Sneatlum: 253-876-3292



MOST Program:

Janet Emery, Program Assistant, 253-876-3355
Renee Lozier-Rojas-MOST Program Liaison, 253-876-3292
Andrew Mikel-MOST Program Computer Literacy Instructor, 253-876-3305
Cord Rose, MOST Program IT Instructor, 253-876-3344
Denise Bill, MOST Program Manager, 253-876-3345

GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Cary Hutchinson

GED Instructor
253-876-3375
Cary.Hutchinson@muckleshoot.nsn.us

Melissa Reaves

GED Instructor
253-876-3256
Melissa.Reaves@muckleshoot.nsn.us

Mitzi Judge

GED Test Administrator
253-876-3395
Mitzi.Judge@muckleshoot.nsn.us

Northwest Indian College:

Two Associate's level degrees:

The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"

The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)

The Bachelor of Arts in Human Services (Community Advocates & Responsive Education)

(C.A.R.E.) ONLINE ONLY!

Jonathan Tomhave – NWIC Muckleshoot Site Manager

Email: jtomhave@nwic.edu
Phone: 360-255-4433

Instructional Aid/Technician: Melissa Reaves

Phone: (360) 255-4432
Email: mreaves@nwic.edu

MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:

Marie Marquez, Financial Aid Director at 253-876-3382.
Dena Starr, Scholarship program Manager at 253-876-3147
Steven Yanish, Academic Advisor/Counselor
Phone: 253.876.3210
Email: steven.yanish@muckleshoot.nsn.us
Melissa Searcy, Admin. Specialist II at 253-876-3378

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations and in urban areas in western Washington. Students can earn an AA through the on-line Native Pathways Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Native Pathways B.A. program. Designed for place-bound students with deep connections to tribal communities, the program is offered at Quinalt, Peninsula College in Port Angeles, and Tacoma. In addition a hybrid online option is available. Visit www.evergreen.edu/tribal to learn more.

Contact:

Dawn Barron – Evergreen
Phone: 360-867-6286
Email: barrond@evergreen.edu

Continuing Ed:

Mitzi Judge Phone: 253.876.3395
Email: Mitzi.judge@muckleshoot.nsn.us



Bates Program Student Reviews

A few of the Bates Pre-Apprenticeship Students have decided to share some of their experiences and thoughts on this Program and would to share them with you all.

I have learned many useful skills in the Pre-Apprenticeship Class and to give back to the community while learning is a Good Feeling. - Robert John, Jr.

I appreciate the opportunities and all the different Trades, how they are all uniquely informative. All the Staff and Teachers have been very helpful; it is going to be really difficult to choose just one Apprenticeship. Much Thanks! - Clifford J. Brown

I am glad to have the opportunity to participate in the Pre-Apprentice Program; it is great to have the hands-on training opportunities through this class. As a Muckleshoot Tribal Member, I am happy to see that the economic opportunities are endless and I hope to see funding for the hands-on training to continue for generations to come. - Anonymous Student

Adult Basic Education Classes at Muckleshoot Tribal College

What is Adult Basic Education? Adult Basic Education, also known as "transitional studies," is a bridge for GED/high school graduates who are not fully prepared for college and also for adults who are re-entering the education system after a long period.

Adult Basic Education provides adults with basic necessities to successfully transition to higher education. ABE includes, but is not limited to: career exploration, reading/writing skills, time management, and other essential skills that are necessary for success in college. Here at the Muckleshoot Tribal College, we offer Adult Basic Education classes at no charge.

Classes are run on an on-going basis. Please contact Amy Maharaj 253.876.3256 or Cary Hutchinson 253.876.3375 with any questions or information about upcoming classes.



MIT SCHOLARSHIP PROGRAM

Friendly reminders for Students receiving Scholarship funding

It is the STUDENT'S RESPONSIBILITY to submit the following documents **each term** in order to renew your funding:

- Grades/Transcript
- Schedule
- Tuition Invoice

It is NOT the Scholarship Program's responsibility

to obtain these documents.

You must work with your school to get these things to send to us.

Funding will not be issued until you turn these documents in.

Where to send documents

ScholarshipsDept@Muckleshoot.nsn.us Emails sent to this address go to all staff members.

Thanks Scholarship Department

NWIC DEGREE OFFERINGS



In partnership with the Muckleshoot Tribal College, the Northwest Indian College: Muckleshoot Extension Campus currently offers one Bachelor and two Associate degree programs that are place-based centered.

The first is a Bachelors of Arts in Tribal Governance & Business Management. The second is an Associate of Arts in General Direct Transfer. The third is an Associates of Technical Arts in Chemical Dependency Studies. We offer evening, weekend, and online classes. In addition, in order to help with professional development, we also offer Continuing Education Units.

For more information, please visit us at the Muckleshoot Tribal College Campus, Room 208. Or visit our website: <http://www.nwic.edu/nwic-sites/muckleshoot-campus/>. Or contact:

Dr. Jonathan S Tomhave
Site Manager
360-255-4433
jtomhave@nwic.edu



Melissa Reaves Hired as Adult Education Specialist

Hello, my name is Melissa Reaves. I am a Koyukon Athabascan descendant. I am the new Adult Education Specialist at the Muckleshoot Tribal College. I have worked in higher education and in a Tribal College setting for over five years. I previously served as the Instructional Technician for Northwest Indian College – Muckleshoot Site.



I earned my BA degree in Human Services: Community Advocates & Responsive Education from Northwest Indian College. I also obtained my CDPT (Chemical Dependency Professional Trainee) Certification in March 2015.

I have been blessed with three godchildren and they are absolutely everything to me. I am also an animal lover and have six rescue animals in my home. I look forward to working with the Muckleshoot and local communities, assisting students with their educational pursuits.

Melissa Reaves
ABE/GED Instructor
Phone: 253-876-3256
Email: Melissa.Reaves@muckleshoot.nsn.us

Valentine's Day Fundraiser Report:

Greetings everyone, my name is Samantha Milne. I work over here at the Muckleshoot Tribal College as the Administrative Specialist II. I was one of many staff who took part in making this fundraiser possible. This was created for the Tribal College to be able to give incentives, gifts, and recognition to students and staff who do an outstanding job here.

The Tribal College staff strives in benefitting students by meeting their educational needs. We like to acknowledge the staff for all the hard work they do, by encouraging students and working to

make our programs better. We would also like to thank everyone who contributed to the event. We look forward to putting on more events and Fundraisers in the future.

-Samantha Milne



PHOTO BY JOHN LOFTUS

Check it out!

The Second (2nd) cohort of our 11 week Pre-Apprentice Construction Program has hit the ground running and students are doing great things!!

- Muckleshoot Tribal College and the Department of Education are partnering with other Muckleshoot Tribal programs i.e. Human Resources, Adult Work Training Program, Housing, Human Resources and Bates Technical College on our second cohort of students in our Pre-Apprentice Construction Program.
- We have just entered into the 6th week of the program and still have all students in good standing. The Pre-Apprentice students have been working on various certifications as part of this training which includes Flagger, Forklift operations, WA State traffic control flagger training and industrial first aid.
- Students have also participated in three (3) field trips to local unions/trades, Tacoma Public Utilities Department in Tacoma WA. Students also had a guest speaker visit their class from the Local 86- Iron Workers Union.
- Program participants also started the program project – Wood Shed.
 - Set the forms
 - Did the framework
 - Now today, doing the pour for the concrete slab
- We started with 6 and to date, entering week 6 we have 100% retention!!! All are doing well and on their way to completion of the program which ends in 4 weeks.

ART
MUCKLESHOOT TRIBAL COLLEGE

CULTURE

EVERY FRIDAY
3:30-6PM
DATES: TBD

Grant funded classes

Grant funded program between
Muckleshoot Indian Tribe & Native Arts Initiative

*NWIC will provide CEU hours/credits for those ages 16 and above

Sxecalik

"Cultural Arts Project"

LOCATION: MTC
39811 AUBURN ENUMCLAW ROAD SE
AUBURN, WA 98092

PLEASE CALL: 253-876-3183 FOR MORE INFO

ATTEND TODAY, ACHIEVE TOMORROW

GOOD SCHOOL ATTENDANCE MEANS...



ELEMENTARY STUDENTS
read well by the end of third grade

MIDDLE SCHOOLERS
pass important courses

HIGH SCHOOLERS
stay on track for graduation

COLLEGE STUDENTS
earn their degrees

WORKERS
succeed in their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that's 18 missed days or 2 days a month—can knock students off track.



Muckleshoot Tribal School

Report it!

SafeSchools Alert is our district's tip reporting service. If you have information about a threat to our safety, do your part and report it! And remember, you can remain anonymous.

REPORT TIPS ON:

- Bullying
- Intimidation
- Harassment
- Weapons
- Drugs
- Other



4 EASY WAYS

- <http://1603.alert1.us>
- 1603@alert1.us
- 253.285.1986
- Text your tips to 253.285.1986



For emergencies, always call 911. All tips submitted to our SafeSchools Alert system are taken seriously and will be acted upon. Please be responsible with your submissions.

MTS Students of the Month: December and January.



December 2017, Theme: Generosity/Thoughtfulness - high school only: from L to R, Shayna Brown, Rachel Pavel, Cody Foreman, Anthony Crombie, Juan Romero, Ashley Jerry (not pictured, Annie Kitsap-Moses and Joseph Running Hawk.)





January 2018, Theme: New Year/Fresh Start - middle and high school: from L to R, Erin Dais, Dominic Jansen, Anthony Crombie, Maricia Starr (MS), Ronald Atimalala (MS), Jada Jackson, Lauralee Redthunder, Tehya Jackson, Phillip Blackcrow (not pictured from HS Manuel (Junior) Gonzalez. Not pictured from MS Charles Moses-Cuevas, Priscilla Delores-James, Cirilo Lopez and Leila Sam)

STATE TOURNAMENT

PHOTOS BY BRIDGET MAYFIELD, WPA NETWORK



The MIT Department of Education *in collaboration with*
the University of Washington Autism Center

is offering the 3rd workshop of 6 on

Autism and other student behavioral issues

March 20, 2018

Topic: Replacement Behaviors



Muckleshoot Tribal School Cafeteria

Dinner is served from 5:15 to 5:45

Presentation begins at 6:00 PM

Childcare is provided for children 4-12 years of age

For more information please call Jennifer Snyder at 253-285-4009 or Katie Avila at 253-285-4044

Earth Day 2018
Save the Dates
April 19th & 20th 2018

“Unless someone like you cares a whole awful lot, nothing is going to get better. It's not.” The Lorax



Youth Development Program Manager: Katey Sias

I was born and raised in Tacoma, WA. I come from a military family, however, my parents decided to retire here and have one more. I graduated from the University of Washington – Tacoma. While I was in college, I worked for the Metropolitan Park District and worked with the youth on the Eastside of Tacoma.



After about 2 years, I began working for the Boy & Girls Clubs of South Puget Sound where I served as a Program Coordinator, Site Coordinator, Program Director, and Area branch Director. After 6 years, I wanted to explore a different avenue of youth development, so I took a position as the Program Manager with Big Brothers Big Sisters where I explored the mentoring side of youth programs.

As I enjoyed my time at Big Brothers Big sisters, I really missed the exposure to create youth programs, collaborate with a team, and being able to see the kids and families on a regular basis. I am excited to learn and impact the Muckleshoot Tribe and community! I hope to bring my expertise in creating and implementing programs that will promote a growth mindset with an emphasis on social-emotional learning, as well as, serve as many youth and families that we can!

**2018
D.A.S. MEMORIAL
14th Annual
Men's All-Indian
Basketball Tournament**

April 13th, 14th, & 15th, 2018
Muckleshoot Tribal School

First 12 teams - 10 Players Per Team (Including The Coach)

Double Elimination - \$350 Entry Fee
(\$250 required down with \$100 balance due before play of the first game)

TRIBAL ID REQUIRED

- ◆ 1st Place = Coats
- ◆ 2nd Place = Jackets
- ◆ 3rd Place = Sweatshirts
- ◆ 4th Place = Pullovers

**MVP, Sharpshooter, Mr. Hustle,
12 All Stars, Sportsmanship**

CONTACT INFO:

Lenny Sneatum	253-740-6870	Liz Sattacum	253-302-9779
Logan Sneatum	253-797-7319	Lisa Sneatum	253-876-3325

Money Orders Only (mailed to) or Cash (handed to)
Leonard Sneatum
17320 SE 387th Place
Auburn, WA 98002

Not responsible for any lost, stolen, or damaged items.
Never assume responsibility of receiving their property, as well as health and safety concerns.

Julie Johnson of Neah Bay receives NCAI Leadership Award

WASHINGTON, D.C. — Julie Johnson, current Washington State Committeewoman for the Clallam County Democratic Party and vice-chair of the 24th Legislative District Democrats, has received the Special Recognition Award at the National Congress of American Indians 20th Annual Leadership Awards Ceremony in Washington, D.C.



Johnson, a member of the Lummi Nation and resident of Neah Bay, was recognized for her support of Native women leaders and her continued commitment to the success of Native women. For the past 22 years, Johnson has organized the National Indian Women's Honoring Luncheon.

Founded in 1944, the National Congress of American Indians (NCAI) is the oldest, largest and most representative American Indian and Alaska Native organization in the country.

NCAI promotes strong tribal-federal government-to-government policies and a better understanding among the general public regarding American Indian and Alaska Native governments, people and rights.

Johnson was honored previously with the 2016 Warren G. "Maggie" Magnuson Award as "State Committee Member of the Year," received a National Indian Women's Leadership Award in 2013 from Women Empowering Women for Indian Nations (WEWIN), and was recognized by local Democrats as female Democrat of the Year in 2012.



Job Opportunity

King County Library System (KCLS) is actively seeking a community member to join us as a part-time Library Technical Assistant at the Muckleshoot Library.

In this position as a Library Technical Assistant (LTA) you would primarily work at the front-desk of the library, often serving as a first point of contact for questions, library technology issues, locating materials and programs, and help with library accounts. In this position you will have a unique opportunity to provide a welcoming space for your community in the library and help KCLS meet our mission of providing equitable access to resources and information to all.

Apply at www.kcls.org/employment/
Application deadline: **Monday 3/26/18**
Job #2018-00020

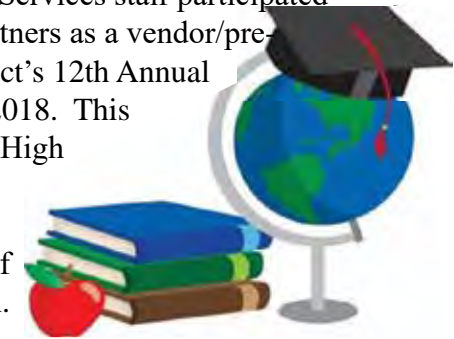
The KCLS Library Technical Assistant has starting pay at \$19.702 an hour, and a robust benefits package.



Muckleshoot Early Childhood Support Services Program Joins as Vendor/Presenter in the Auburn School District 12th Annual Early Learning Fair

By Marty Laronal

The Early Childhood Support Services staff participated as one of 15 ASD Community Partners as a vendor/presenter in the Auburn School District's 12th Annual Early Learning Fair on March 5, 2018. This free event was held at the Auburn High School Commons.



The Annual Early Learning Fair is for parents and guardians of children ages birth to kindergarten. Each year it offers different and fun learning activities. It provides families with an opportunity to connect with community resources and kindergarten transition activities. This year our staff watched the kids enjoy "Block Fest" and children's author, poet, and songwriter, Eric Ode. Parents were able to browse the community resource tables. Families received free dinner and prizes.

This year, our COTAs (certified occupational therapists), Casey McKenna and Nick Dennis, designed a small hockey game for the kids to play and win a fidget spinner. As always, Casey and Nick were rock stars as they competed with toddlers and preschoolers for fidget spinners. Thank you also, Jane Erickson, Donna Vavrik, Vanessa Griffith, and Marty Laronal for proudly supporting and representing Muckleshoot Early Childhood Support Services.



Kobe Courville

PHOTO BY BRIDGET MAYFIELD, WPA NETWORK



MARCH GRADS. Muckleshoot tribal members Selena Serrato and Constance Ross-Courville are shown here at their MTS Graduation Ceremony on Friday, March 9! Congratulations!

Muckleshoot Behavioral Health Program invites you to:
Stop the Trafficking!
Human Trafficking Awareness Luncheon

Lunch Will Be Provided!
Wednesday, March 21st 12pm-1pm
Health & Wellness Center Conference Rooms

Learn more about human trafficking, how to identify potential victims, provide help, & raise awareness on this important topic within the community!

HUMAN TRAFFICKING IS

- Modern day slavery
- Sex trafficking, forced labor and domestic servitude
- Any person under 18 involved in commercial sex acts
- Happening in all communities and impacting all genders and ages

For more information, contact:
Christine Mandry @ Behavioral Health Program: (253) 804-8752

Human Trafficking Resources:
To get help, speak to an advocate or report suspected human trafficking contact:
National Human Trafficking Hotline: 1-888-373-7888 (available 24/7)
Text: "HELP" or "INFO" to BeFree (233733)
Visit: www.traffickingresourcecenter.org
www.act.hhs.gov/endltrafficking



Pentecostal



The church recently hosted students from the Bethel Church Supernatural School of Healing, Redding CA. Crow native, Jeremy Stands Overbull was the team leader. A native couple, a couple single ladies, and a staff couple came with Jeremy and his wife.



THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M. EVERY SUNDAY IN THE COUGAR ROOM ALL INVITED

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

A FOREST WITHOUT YOUNG GROWTH is like a

FAMILY without children

IN 2018 **336,639** SEEDLINGS WILL BE PLANTED BY HAND

APPROXIMATELY **400** TREES ARE PLANTED PER ACRE

MOST SEEDLINGS THRIVE IN OPEN AREAS WITH LOTS OF SUNLIGHT

SINCE 2014, OVER **2 MILLION** SEEDLINGS HAVE BEEN PLANTED ON TOMANAMUS

3 SEEDLINGS ARE PLANTED FOR EVERY TREE HARVESTED



79th Annual Tekakwitha Conference

"Blessing of the Coast Salish People through St. Kateri's eyes"
The Greater Tacoma Convention Center

July 18-22, 2018

The conference hosts attendees from the USA and Canada and is the voice of the Indigenous Catholics of North America and inspired by Saint Kateri Tekakwitha.

The Hotel Murano and Courtyard Marriott Tacoma Downtown are full but a 3rd hotel has been added: Holiday Inn Express & Suites Tacoma Downtown.

More volunteers are needed for the 24-committees and if you have questions please go to tekakwithaconference2018@gmail.com

Conference details and history: www.tekconf.org



Attention: Muckleshoot Tribal Members

The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) to pick up an application.

Please come join us for **MASS & Catechism** At the Muckleshoot Catholic church



Catechism starts at 3:00pm
Mass starts at 5:00pm

As always, enjoy a nice dinner with us and Father Pat Twohy after Mass

For more info. Please contact me at

Tara.Vasquez@muckleshoot.nsn.us

Or by phone at (253)347-6937

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Carl "Bud" Moses, 1st Elder
Lee Stafford, 2nd Elder
Gerald Moses Sr., 3rd Elder
Teri Starr, Secretary/Treasurer
Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church
Rev. Kenny Williams, Pastor

Sweat Lodge
Doug Moses, 425-301-60811

St. Leo The Great Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street – Tacoma 98405
Catholic (Native) Mass with Father Patrick J. Twohy
1:30 pm every Sunday
Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday
www.katericircle.com
Facebook: Tacoma Kateri Circle

START A SMALL CRAFT BUSINESS

By U.R. Israel

Do you have a craft that you would love to share? Would you like to see it featured in the Casino Gift Shop or at Pow Wows? Are you just not sure how to get there? Here are some tips if you are an enrolled MIT member:

1. Pick up an application to be a Vendor from Joylene Simmons at the MIT Casino Gift Shop. While you are there, ask to see what items are currently being sold that are made by MIT members. If there are already many just like yours, then I suggest that you come up with something new. *Brainstorm!*
2. Get a sample of your craft together and submit it to the MIT Tribal Council. Just ask the secretary to be put on the agenda and drop off your samples. Leave your contact information also.
3. Research on the internet what a similar craft costs. Try Etsy, eBay, etc. and price your items similarly. Items that cost fifty dollars or less have the potential to move faster.
4. When you get the approval, contact Joylene Simmons at the Casino Gift Shop and set up an appointment to bring your sample by for her to evaluate. Let her know that the Tribal Council approved your craft.
5. Bring your item by with the suggested price and anything you can add to it like packaging or information about yourself and your goals. Add anything that can help catch the eye of the public.

6. Now you have to play the waiting game as the application goes through more processing. Joylene Simmons will eventually contact you and if everything is a "go," then you will get an appointment with the Casino Shop Manager.

7. Arrive at the time of your appointment promptly and dress professionally. This is the final part of your audition. Listen for helpful hints at what the manager says will help you sell your product. If your product is accepted then you will be instructed to wait for contact on when to bring your product to shipping and receiving.

8. WOW, you made it!! Now have some of your product in reserve for when your items need to be replaced. You can also contact the Pow Wow committees and set up a booth for sales at the summer events or winter school events.

Here are some helpful links:

General Native American Small Business help: <https://www.sba.gov/offices/headquarters/naa/spotlight>

Native Women Business Help: <http://becomingselfmade.com/2016/05/10/business-resources-grants-for-native-american-women/>

Possible Grant leads: <https://bizfluent.com/list-5978887-native-american-small-business-grants.html>



Kathryn Daniels with her caregiver Katisha Lynch. Kathryn has just completed growing, harvesting, creating, and delivering her Lovely Lavender Lady Lavender products.



Kathryn's products featured now at the MIT Casino Gift Shop.

REASON AND FAITH

I Send my greetings to each and every one and hope the new year of 2018 is treating you well. Another month has gone by so quickly it seems and the phrase "time waits for no one" is very evident. But I must say I'm enjoying life tremendously.



As I'm sitting at my desk in my special room with my books and journals I've written, surrounded by things I love, my mind wanders along a thought of reason and Faith. My thoughts come loaded with many things. It is kind of like a drenching rainstorm and this is the way I will describe my thinking to paint a picture of understanding.

My mind is full of many thoughts that fall into the mind like a heavy rain slows down and behind the storm comes a wind that blows away the storm clouds. There then appears fluffy white cloud. Gently moving across the sky so that you can see more clearly, the blue sky.

My mind is like that and as the thoughts poured into my mind like the rainstorm and the wind comes and blows away the rain; well that's how my mind can focus on one thought clearly. Here's one of my thoughts I'll share.

Reasoning and Faith. Human reasoning can take us down many roads in our life. Some good, and some, not so good. I have found in my life that at times I've seen or heard something and without truly understanding that which I saw or heard used my own human reasoning to come to my own conclusion.

And that can be so out of focus on the reality of the occurrence. I've tried not to jump into that way of thinking but I'm sorry to say, I've learned to try not to be judgmental because of lessons learned.

Then in my thoughts I continue to show the blue sky above. I think on my faith and the comfort I receive from it. My faith is based on Jesus and his love for me personally and others. For you and for me when we knew it not and that he cared for us. I think on Jesus Father and my Heavenly Father. God loved us so much that he sent his son to bring us life and with his redemptive love and sacrifice. Its meaning = Redemption = the action of saving or being saved from sin, error, or evil.

Faith brings me great peace and joy in my life, I'm full of Jesus love and study the scriptures and pray. I've learned by mistakes I've made that when reasoning comes in faith can be cast away.

My prayer for all is that you will come to know that peace and joy that comes from faith in Jesus and our father above.

Blessings,
Effie

ATTENTION!



Reserved parking at the Muckleshoot Casino is for Elders 60 years and older. When utilizing reserved parking, make sure that your pass (pictured above) is clearly visible on the dashboard of your vehicle.

The location of the reserved parking lots will be inside the casino garage on the first level (floor level), at row A (row closest to door 4 entrance.)

There will be "Reserved Tribal Elder Parking" signs for easy identification.

PLEASE HAVE PASS VISIBLE ON DASHBOARD WHEN PARKED



SNOQUALMIE VISITORS. A delegation from Snoqualmie recently paid a visit to the Culture Department. L-R: Linda Sweet Baxter, Lois Sweet Dorman, Andy de los Angeles, Ben Sweet, Bill Sweet and Adam Osekoff. The Sweets are the children of the late Emma Sweet, a respected Snoqualmie elder and missionary for the Shaker Church. Lois currently serves as Snoqualmie Vice-Chair, and Andy bears the title of Honorable Chief. Adam is a tribal administrator.

ROBERT UPHAM SHOW AT SQUAXIN MUSEUM. The artwork of Robert Upham, who has many friends at Muckleshoot, is currently being featured in a one-man show at the Squaxin Island Museum. His well-known "Boldt 40" is the featured piece among a variety of his trademark ledger images that tell stories of history and social justice issues. The exhibit will be on display through the end of March.

THE Boldt 40 LEDGER
An Ledger Art Exhibit by Robert Upham

FEATURED
MARCH 20 18
AT THE SQUAXIN ISLAND MUSEUM
FOR MORE INFO CALL
360.452.0928

Starts February 12th!!!

Muckleshoot Behavioral Health Family Healing Circle
Mondays 5:30pm-7:00pm

The Family Healing Circle is open to all Muckleshoot Community Members to gain education on:

- Addiction.
- Grief & loss.
- Problem gambling.
- Trauma.
- And more.

Light refreshments will be provided.

Location

- Muckleshoot Health & Wellness Center Family and Youth Services
17500 SE 392nd St
Auburn, WA 98092
- Please contact Julia or Aaron at 253-804-8752 with any questions
- No sign up necessary, this is a drop-in group.

GET TO KNOW OUR HWC PEOPLE: Evelyn James Physician Assistant

Hi, my name is Evelyn James. I work as a physician assistant here at the Muckleshoot Health and Wellness Center. I graduated from the University of Washington, Medex Northwest Physician Assistant Program.



I was raised on the Yukon River at Fort Yukon, Alaska and am a tribal member of the *Gwichyaa Zhee Gwichin* Tribe. I was blessed to grow up learning our traditional hunting, trapping, and fishing in the Yukon Flats. My mother still lives there and my children were raised there. My fiancé and I recently moved here from Alaska.

My hobbies are beadwork, various sewing projects, and knitting. I like my summer flowers, gardening, early morning walks, Zumba, and walking trails. I love Yukon River boating, camping, and fish camp.

Grief & Loss Support

Losing a loved one can leave us feeling lost, sad, confused, empty, angry and alone. The pain of loss can be intense. Grief is a natural response to loss and a unique and different experience for each person. There is no right way to grieve. It does not have a timeframe or end date. Grief is a process, a journey.

There Is Help Available

No one needs to go through the grief process alone. Muckleshoot Behavioral Health Program offers individual and family grief and loss counseling. Behavioral Health Program also offers *Healing with Horses*, a weekly counseling group at the Blue Barn where participants enjoy spending time with horses while processing the difficult emotions of grief, gaining social support and learning coping skills to support themselves and their loved ones.

How Can Counseling Help?

Grief counseling offers a safe, supportive place to process difficult emotions and help each individual walk through their grief journey. Grief counseling can promote a healthy healing process and provide coping strategies to heal while honoring the life of your loved one.

For more information or to sign up for grief and loss support, please contact:

Muckleshoot Behavioral Health Program
(253) 804-8752
And stop by the Blue Barn on Wednesdays between 1-3pm for **Healing with Horses Group**



Native Community Helpers

Muckleshoot Behavioral Health Program is Recruiting Community

Members to be Trained as Native Community Helpers



As a Native Community Helper You Will Receive:

- Training in Suicide Prevention and Drug & Alcohol Addiction
- Learn the warning signs of suicide and how to respond to potentially save a life
- Ongoing support from Behavioral Health Program

You Will Become Part of an Important Community-Wide Effort!
It's Easy To Sign Up And Receive More Information To Become A Native Community Helper:

Just Provide Your Name And A Contact Number One Of These Ways:

Call Muckleshoot Behavioral Health Program: (253) 804-8752

Or

Send a Text to: (253) 740-4586

Or

Click or Go To the Link Below:

<http://surveyanyplace.com/s/qtxbejby>



Come join us for another Diabetes Group meeting!

When: April 4th in the HWC Mountain Room

What time: 10:30-11:30am

What are we doing? Playing a Diabetes game, sharing some delicious foods and winning prizes.

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

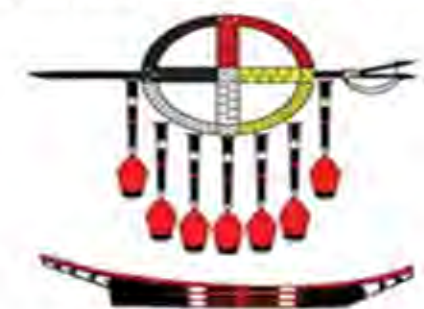
Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
CHS Team
(253) 939-6648



MUCKLESHOOT BEHAVIORAL HEALTH



PROBLEM GAMBLING RESOURCES

Muckleshoot Resources

Behavioral Health Gambling Outreach

Julia Joyce, MA, CDP is available Monday, Wednesday, and Friday 8am-5pm
(253)804-8752 x3200

Call and setup an informational session

Local Gamblers Anonymous Meetings

Winner's Circle—Wednesday at 5:30pm, MIT Family Outreach Center

Tuesday & Friday Noon, South King County Alano Club

Tuesday 7:00pm, Crossway Church, 209 M St NE, Auburn

Friday 7:00pm, VRFA HQ, 1101 D St NE, Auburn

Sunday 6:30pm, New Hope Baptist Church, 14024 Stewart Rd, Sumner/Pacific

State/National Resources

Washington State Gambling Helpline 1-800-547-6133

Muckleshoot Behavioral Health

16-Week Anger Management Class
 Open to Join Anytime!
**New Day/Time Starting Feb. 23rd*
Every Thursday
1:30pm-3:00pm
 Facilitated by: **Dr. Sarlak**
 @ Behavioral Health
Meets Court Requirements
 Have Questions?

For questions or more information, contact:
 Bella Townsend @
Behavioral Health Program
 (253) 804-8752

Muckleshoot Behavioral Health Program

Healthy Relationships Women's Group
 Every Tuesday 3-4:30 pm
 at Muckleshoot Behavioral Health Program
Open to All Women in the Community

Refreshments Provided



In This Group You Will:

- Learn What a Healthy Relationship Looks Like with Yourself and Others
- Learn How to Recognize Abuse and How to Change the Cycle of Domestic Violence for Yourself and Your Family
- Support and Be Supported by Other Women Who Want to Improve Their Relationships and Participate in Activities and Art Projects

For more information, contact:
Christine Mandyry at the Muckleshoot Behavioral Health Program
 (253) 804-8752



Childcare is Provided at the Health and Wellness Center

COMING APRIL 2018




NEW MEDICARE CARDS

ONCE YOU GET YOUR NEW MEDICARE CARD:

- PLEASE BRING IN YOUR CARD TO THE WELLNESS CENTER SO WE CAN KEEP A COPY FOR YOUR FILE.
- ALSO, IT IS RECOMMENDED THAT YOU DESTROY YOUR OLD MEDICARE CARD.

IF YOU NEED TO ORDER A NEW CARD, CALL MEDICARE AT:
1-800-633-4227

ANY QUESTIONS, COME SEE US AT MANAGED CARE!





IF YOU ARE NEEDING A REPLACEMENT:
 - MEDICARE CARD
 - SOCIAL SECURITY CARD
 - MEDICARE BENEFIT LETTER
 THERE ARE TWO SOCIAL SECURITY OFFICE LOCATIONS THAT MAY BE ABLE TO ASSIST YOU.

KENT
 321 RAMSEY WAY SUITE# 401
 HOURS OF OPERATION:
 MONDAY, TUESDAY, THURSDAY, FRIDAY
 9:00 AM – 4:00 PM
 WEDNESDAY
 9:00 AM – 12:00 PM

PUYALLUP
 811 S HILL PARK DR
 HOURS OF OPERATION:
 MONDAY, TUESDAY, THURSDAY, FRIDAY
 9:00 AM – 4:00 PM
 WEDNESDAY
 9:00 AM – 12:00 PM

MAIN SOCIAL SECURITY PHONE NUMBER: 1-800-772-1213


Look beyond the bathroom scale and find out what your physical health really is.

Scales give you vague information and cannot tell the difference between fat, muscle, water, organs, etc. We have a tool at the Wellness Center that can measure your overall body composition and give you a *truer* insight to your physical health.


See What You're Made Of

In under a minute see your:

- Body Fat Mass and Percentage
- Cell Health
- Total Body Water
- Total Skeletal Muscle Mass
- Segmental Lean and Fat Analysis

Call the Wellness Center at (253) 333-3616 to make an appointment or just come on in!

ATTENTION TAX FILERS



You will likely be receiving forms from the Washington Health Benefit Exchange. These documents are necessary in the process of filing income taxes. Here are the documents and what they mean:

1095-A is for:

- Customer enrolled in a Qualified Health Plan, purchased through the exchange.
- This will be mailed to you by Washington Healthplanfinder.
- If you have questions regarding how this form is used please see your tax preparer.

1095-B is for:

- Customers Enrolled in Washington Apple Health, also known as Medicaid
- It is important to keep this form for your records even if you do not file a tax return.
- This form will be mailed to you by the Washington Health Care Authority.
- This form serves as proof of minimum essential coverage for the year.

1095-C is for:

- People who have employer sponsored insurance.
- Form will list all covered individuals under your employer provided health insurance.
- This form serves as proof of minimum essential coverage for the year.
- This form should be mailed to you by your employer by March 31st

ANY QUESTIONS, FEEL FREE TO STOP BY THE MANAGED CARE DEPARTMENT AT THE MUCKLESHOOT HEALTH AND WELLNESS CENTER!

Healing with Horses Group

Come Join The Horses Every Wednesday, 1-3pm



Spend healing time with Horses at the Blue Barn
 Open to join any time. Just show up!
 All Community Members Welcome
 Blue Barn: 38122 180th Ave. SE, Auburn 98092

For more info, contact: Karyn Cross-Sarabia @ the Behavioral Health Program: (253) 804-8752



SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?

There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections: These are just a few of the conditions they can help you with. They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend, CHS does consider this as an emergency room visit.

You must call CHS office for PO numbers within 72 hours/3 days of being seen.

CHS OFFICE – 253-939-6648

If you are too sick to call, a family member or friend can call for you.

SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME

MULTICARE URGENT CARE – AUBURN
 202 Cross Street SE | Phone: 253-876-8111
 Hours: Monday – Friday, 8:00am – 7:30pm
 Saturday & Sunday, 8:00am – 3:30pm


MULTICARE URGENT CARE – KENT
 222 State Ave N | Phone: 253-372-7788
 Hours: Monday – Friday, 9:00am – 8:30pm
 Saturday & Sunday, 9:00am – 4:30pm

MULTICARE URGENT CARE – COVINGTON
 17700 SE 272nd St @ Wax Road | Phone: 253-372-7020
 Hours: Monday – Friday, 8:00am – 7:30pm
 Saturday & Sunday, 8:00am – 5:30pm

VALLEY MEDICAL CENTER – COVINGTON
 27500 168th Place SE | Phone: 253-395-2006
 Hours: Monday – Friday, 8:00am – 8:00pm
 Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MI URGENT CARE NOTICE

State of Washington
Services Card



MARTHA WASHINGTON
123456789WA
 Date Issued: 5/10
 ProviderOne

ARE YOU NEEDING A NEW PROVIDER ONE CARD?

YOU CAN GET A REPLACEMENT THREE WAYS!

- CALL 1-800-562-3022 EXT 15616
- ONLINE <https://www.waproviderone.org/client>
- COME INTO THE MUCKLESHOOT MANAGED CARE DEPARTMENT!

17500 SE 392ND ST AUBURN WA 98092
 253-939-6648



What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



Teen Dating Violence Awareness

February is National Teen Dating Violence Awareness and Prevention month. Dating violence often begins between 6th and 12th grade. loveisrespect.org, an organization for teen awareness regarding dating violence, reports that one in three teens and young adults experience some form of dating abuse.

Abuser Patterns: Abuse commonly starts with control, not physical abuse. Sometimes there isn't physical violence in an abusive relationship at all. Emotional abuse can be equally as harmful.

Perpetrators frequently use manipulation, domination, and break down their partner's self-confidence. Perpetrators do this by making fun of, intimidating, or convincing their partners to do things they don't want to do. A common goal of this behavior is to lead partners to believe that no one else could love them so they need to stay in the abusive relationship.

My teen would tell me if they were being abused: Secrecy is the shield for perpetrators. Teen dating violence is only disclosed in 33% of the cases. There are several reasons teens don't tell their parents or family members including the fear that their parents will make them break up, believe that the abuse is their fault, fear that the perpetrator will hurt them or hurt their family or pets and embarrassment/shame.

What can I do if I suspect my teen is in an abusive relationship?: Parents can help even if their teen hasn't confided that

they are in an abusive relationship by telling their teen in a loving way that they are valuable and cared about and they do not deserve to be abused by anyone.

Teach children and teens that there is zero tolerance for any abusive, coercive or disrespectful language or behavior towards them. Abuse is never the victim's fault.

Discussing and modeling a respectful relationship with children and teens will help them to understand what a healthy relationship looks like.

Signs of Abuse to Watch For Include dramatic changes in personality, dropping out of activities they used to enjoy, no longer hanging out with friends besides their partner, appearing anxious if they can't call their partner (may be worried what will happen if they don't call), significant drop in grades, less motivation, and unexplained bruises or other injuries

For information, questions, and help pertaining to Teen Dating Violence contact:

Christine Mandry, Domestic Violence Advocate Muckleshoot Behavioral Health Program: 253-804-8752
Or Muckleshoot Family and Youth Services: 253-333-3605



NOTICE:

The Feathered Healing Circle will meet on Wednesday at 5:00 PM – Cynthia Lozier

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	7-9 pm	8-6 pm	7 am-9 pm
Tuesday	7-9 pm	8-6 pm	7 am-9 pm
Wednesday	7-9 pm	9-6 pm	7 am-9 pm
Thursday	7-9 pm	8-6 pm	7 am-9 pm
Friday	7-9 pm	8-6 pm	7 am-9 pm
Saturday	-----	8 am-7 pm	10-2 pm
Sunday	All Programs Closed		

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00 Sat 10-2 pm
Wellness Center	(253) 333-3616	Open Sat 10-2 pm
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

<p>Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376th St Auburn WA 98092 253-931-6709 Ext 3700</p>	<p>Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376th St Auburn, WA 98092 253-876-3056 Ext 3922</p>
---	--

Stop the Traffick! Human Trafficking Awareness



What is Human Trafficking?

Human trafficking is a crime against humanity. It is slavery that involves the use of force, fraud, or coercion for the purpose of exploitation to obtain labor or commercial sexual acts including prostitution. Human Trafficking takes place in all communities and impacts all genders and ages.

Who are the victims of Human Trafficking?

Human traffickers frequently target vulnerable people including children, homeless and runaways, those with drug addictions, mental health issues, and people in unhealthy or unstable home situations.

Why don't Human Trafficking victims leave?

The victims of human trafficking may not be aware that they are involved in human trafficking or that they are being perpetrated upon. Many of the victims who are aware that they are being trafficked, struggle to leave due to dependence on the traffickers and potential threat of harm to them if they do seek help.

What can I do to help?

Join us for lunch! Learn more about human trafficking, how to identify potential victims, provide help, and raise awareness on this important topic.

Stop the Traffick! Human Trafficking Awareness Lunch

Wednesday, March 21st at 12pm in the Health & Wellness Center Conference Rooms
Open to the Community. Lunch will be provided.

For more information contact:

Christine Mandry Behavioral Health Program: (253) 804-8752

Human Trafficking Resources:

To get help, speak to an advocate or report suspected human trafficking contact:

National Human Trafficking Hotline: 1-888-373-7888 (available 24/7)

Text: "HELP" or "INFO" to BeFree (233733)

Visit: www.traffickingresourcecenter.org

www.acf.hhs.gov/endtrafficking



When Can I sign Up for Medicare Part A & Part B?

Will You Be 65 years old within the next 3 months?

1st Month	2nd Month	3rd Month	5th Month	6th Month	7th Month
<p>When should you sign up for Medicare:</p> <ul style="list-style-type: none"> You can sign up for Medicare 3 months before or 3 months after your 65th birthday; Or if your employer sponsored health insurance ends due to retirement; If you are currently covered by an employer sponsored health insurance you may not have to sign up for Medicare until that coverage ends; You should check with your employer to see if they require you to sign up for Medicare when you turn 65 years old; 			<p>What is Medicare Health Insurance?</p> <p>Original Medicare has 2 parts:</p> <ol style="list-style-type: none"> Medicare Part A—covers inpatient hospital, skilled nursing facility hospice & home health care; Medicare Part B—covers outpatient medical care, including doctor visits, durable medical equipment, lab tests, and preventative services. <p>NOTE: If you don't sign up for Medicare Part B when you're first eligible you will have to pay a "Late Enrollment Penalty" for as long as you have Part B.</p>		

Your Birthday Month

Visit the Health & Wellness Center's Managed Care Department at 17500 SE 392nd Street Auburn, WA PH # 253-939-6648

HOW TO APPLY FOR THE 2017 TAX EXEMPTION FOR AMERICAN INDIANS AND ALASKAN NATIVES

It is important to note that if you were not enrolled in minimum essential health insurance coverage, you may be subject to a fine at tax time unless you qualify for one of the following exemptions:

- 1) You are a member of a Federally recognized tribe;
- 2) You are a member of the Alaska Native Claims Act Corporation (ANCSA);
- 3) You are eligible to receive services from an Indian Health Care Provider at I.H.S.,

How to Claim the Exemption on your Federal Income Tax Return:

- 1) Complete the IRS Form 8965—"Health Coverage Exemptions"
- 2) On Part III of the form enter "Code E" for the Indian Exemption in column "c" and check the box in column "d" for "Full Year"
- 3) Include your completed Form 8965 when you file your income taxes

For More Information contact:
The Managed Care Department
Muckleshoot Health & Wellness Center
Ph # 253-939-6648



HOUSING/SHELTER RESOURCES

Catholic Community Services – Home & Arise

Men's Shelters

Phone contact: (253) 854-0077 Ext: 2

Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032

Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.

Renton In-take (walk-in only): Tu & Th, 1-3pm.

Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission – Hope Place

Shelter for Single Women, Women with children

Phone contact: (206) 628-2008

Location: 3802 S Othello St, Seattle 98118

Provides shelter for women, with or without children. Includes mandatory spiritual activities. No fees. CALL for screening. M-F 8:30-9am.

Catholic Community Services

Single Men & Women's Shelter

Phone contact: (253) 572-0131

Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402

Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and becoming housed. Open 5pm-7am.

Multi-Service Center

Family Shelter (Moms, Dads, & Kids)

Phone contact: (253) 854-3437 Ext: 104

Location: 515 W Harrison St, Kent, WA, 98032

Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+. All families may apply. LEAVE A MSG. AT LEAST TWICE PER WEEK until call is returned.

Auburn Youth Resources

Youth Shelter

Phone contact: (253) 833-5666

Location: 816 F Street Southeast, Auburn, WA 98002

Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA – South King County

Family Shelter (Moms, Dads, & Kids)

Phone contact: (425) 255-1201

Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.

Call for availability. Leave a message DAILY, until call is returned. 24-hour voicemail

Mental Health Services Available

Muckleshoot Behavioral Health Program
17517 SE 392nd Street
Auburn, Washington 98002
(253) 804-3752

Ask your counselor for more information about any of these services



We're recruiting Community Members Who are interested in becoming Native Community Helpers

- You Will Receive:
- Training in Suicide Prevention and Drug and Alcohol Addiction
 - Learn the warning signs of suicide and how to respond to help save a life
 - Ongoing support from Behavioral Health Program
- You'll Become Part of an Important Community-Wide Effort!

It's Easy To Sign Up: Provide your Name & Contact

- 1) Tell your counselor you're interested in signing up or
- 2) Text: (253) 740-4586 or
- 3) Go to this link: <http://surveyplace.com/s/qbqbejby>



Counseling Services

Therapy services begin with a mental health intake during which individuals identify their goals, strengths and needs. Ongoing service options are trauma-informed and include individual, couples, family, and group counseling, crisis intervention, in-home therapy, and case management. Goals are individualized to each client, and services are confidential. Contact your assigned therapist to discuss which therapy options would be the best fit for you.

Outreach and Transportation Services

Outreach services include crisis response, checking in on community members, in-home therapy, and case management. Transportation is available to and from your counseling services and groups. Contact the front desk or your therapist to request outreach or transportation.

Medication Management

Psychiatric services, including assessment and ongoing medication management, are available to clients participating in mental health therapy. Psychiatric providers work as a team with the client and their therapist to tailor services to each client's unique treatment and medication needs. Contact your individual therapist to discuss how medication services may work for you.

Domestic Violence Survivor Advocacy Services

Service include:
*Safety Planning *Filing for Protection Orders *Ongoing Support Group for Women *Therapy Services for Victims and Their Families *Support in Navigating the Social and Legal Systems *Emergency Housing *Legal Referrals *Basic Needs
Contact Christine Mandry or your therapist for information.

Equine Assisted Therapy

Equine Assisted Therapy, the use of horses within the therapy setting, is an effective and fun therapy model provided in a safe environment. This approach can be used to address emotional road-blocks, address past trauma and provide emotional healing, and increase self-esteem. Contact Karyn Cross-Sarabia or your therapist for information.

Nexalin

If you're suffering from anxiety, depression, and/or insomnia, you may benefit from incorporating Nexalin into your current mental health treatment. It's a drug-free alternative to medication, or can be used to enhance the medications you are already using. Nexalin delivers mild currents that feel undetectable and may help reduce symptoms. Contact your therapist for more information.



DECREASING YOUR FOOD WASTE

It's all around us, everywhere we go there is food being thrown away. March is National Nutrition Month and the theme this year is "Go Further with Food." We all play a role in food waste and with a little effort, everyone can contribute to decreasing their food waste. Here are a few ideas on how you can cut back on yours:

Don't buy more fresh foods than you will cook. Yes, fresh fruit and vegetables are the best choice but not everyone has the time to keep up with eating them before they go bad. One way around this is planning out your meals. When creating a meal plan, try to get the same ingredients into different dishes to ensure you get through fresh groceries before they spoil.

Three meals with similar ingredients include: chicken breasts with steamed broccoli and cauliflower, Spaghetti with chopped broccoli and cauliflower in the sauce, and a homemade hearty soup with broccoli and cauliflower. If you have these three meals in the same week you have less ingredients to buy and you can ensure you use up all of your fresh produce as intended.

It's amazing how the same vegetables taste in different dishes, these examples have different flavors to prevent too much repetition which can be a drag when trying to eat healthy. If you're not ready for meal prepping try buying frozen produce so it doesn't spoil before use.

If your family doesn't eat leftovers, stop making more food than you eat! This happens to all of us, the leftovers that sit in the refrigerator until they grow blue spots and have to be tossed. I highly recommend cooking dinners and taking the leftovers for lunch the next day, this is simply the easiest way to stay on track with healthy eating on a busy schedule.

Not everyone likes the taste of leftovers though, so if your family doesn't care for leftovers only make enough food for the current meal. I hear a lot of people say eating healthy is expensive, if you let produce waste away before eating it, and forget your delicious leftovers in the back of the fridge, yes eating healthy adds up fast. Don't throw away your groceries!

Because no one is perfect and food waste will happen sometimes, make up for this by starting a compost. It's easy, decreases



es the amount of garbage your household makes and gives nutrients back to the Earth. Simply find a spot on the ground in your yard where dogs or other critters either won't go, or won't do harm if they do go.

Start piling up non-meat kitchen scraps like egg shells, carrot tops, vegetable scraps and stems, grass clippings, leaves, coffee grounds, expired garden plants and much more. Just make sure that you're not putting any processed foods or meat into your compost.

Your compost also needs to breathe to prevent a bad smell, so using a bucket or garbage can is not a good idea, simply place it on the ground and flip it every few months or so. Composting works by letting small microorganisms decompose the ingredients which create a very rich fertilizer-like material that is great to put back into your garden once it's completely decomposed in a year or so. This is a much more beneficial process than letting food waste rot in garbage bags once it leaves the house.

Food waste is so common that we don't even consider the impact it has on the planet or how making small changes in our habits can make a difference. Help stop the misconception that there is an overabundance of food on Earth and do your part to cut down on your food waste this month and all the months to come!

Article by: Kaleigh K.
Registered Dietitian
Muckleshoot Health and Wellness Clinic
Phone: (253) 939-6648



PHOTO BY JOHN LOFTUS

PROBLEM GAMBLING AWARENESS MONTH

Auburn, WA – This March, the Muckleshoot Behavioral Health Program and the Evergreen Council on Problem Gambling invite you to start the conversation around gambling addiction and participate in the 14th annual Problem Gambling Awareness Month (PGAM).

Approximately 2 million U.S. adults, or 1% of the population, are estimated to meet criteria for serious gambling problems and another 4-6 million (2-3%) would be considered to have moderate gambling problems.

In Washington State, those numbers are even higher, with approximately 2-4% of our adult population and 4-6% of our youth experiencing problems from gambling. For each of these individuals suffering from problem gambling, eight to 10 other people will be affected by financial, emotional, and physical consequences as well. Yet for many, gambling remains a hidden addiction.

Unlike the drug and alcohol addictions, which have enjoyed a certain level of understanding amongst the public as being legitimate disorders, gambling addiction is still very much stigmatized. So much so that many people view gambling addicts as "weak-willed" and unable to control themselves, even though research has shown that to someone addicted to gambling, gambling has a similar effect on the brain as cocaine and people experience just as intense a high.

Individuals struggling with gambling often feel the need to hide their addiction from their families due to the extreme amounts of shame and guilt associated with the disorder, which may be one factor that contributes to gambling addicts having the highest rates of attempted and completed suicides of any addiction.

That is why this year's PGAM theme, "Have the Conversation," focuses on the importance of an open dialogue and candid discussion about problem gambling.

To start that dialogue, and the healing that comes with it, we invite members of the community to a Healing Dinner on March 14 at 5:30 pm located at the Muckleshoot Health & Wellness Center Mountain & Cedar Rooms. There will be plenty of food, awesome prizes, and the opportunity to learn what problem gambling looks like and the resources available through Behavioral Health to help those adversely affected by gambling.

But, how can you tell if someone is a problem gambler? While there is no real way to tell by looking at a person whether they are addicted to gambling or not, there are some common symptoms of problem gambling, including:

- Using credit cards to acquire funds to gamble
- Bragging about or hiding gambling activity
- Lying about wins or losses
- Growing preoccupation with gambling
- A need to bet more money, more frequently
- Restlessness or irritability when attempting to stop
- "Chasing" after wins, resulting in greater losses
- Losing track of time while gambling
- Neglecting family members to gamble
- Loss of control despite mounting negative consequences

If you are concerned you may have a problem with gambling, or that someone you love might, try one of these self-tests used by Gamblers Anonymous and Gam-Anon.

Gamblers Anonymous uses a list of 20 questions to help individuals determine if they have a gambling problem. A "YES" answer to at least seven of the above questions may indicate a compulsive gambler.

1. Did you ever lose time from work because of gambling?
2. Has gambling ever made your home life unhappy?
3. Did gambling affect your reputation?
4. Have you ever felt remorse after gambling?
5. Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
6. Did gambling cause a decrease in your ambition or efficiency?

7. After losing, did you feel you must return as soon as possible and win back your losses?
8. After a win, did you have a strong urge to return and win more?
9. Did you often gamble until your last dollar was gone?
10. Did you ever borrow to finance your gambling?
11. Have you ever sold anything to finance gambling?
12. Were you reluctant to use "gambling money" for normal expenditures?
13. Did gambling make you careless of the welfare of yourself and your family?
14. Did you ever gamble longer than you had planned?
15. Have you ever gambled to escape worry or trouble?
16. Have you ever committed, or considered committing, an illegal act to finance gambling?
17. Did gambling cause you to have difficulty sleeping?
18. Do arguments, disappointments, or frustrations create within you an urge to gamble?
19. Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20. Have you ever considered self-destruction as a result of your gambling?

Gam-Anon, a self-help organization working with the friends and families of Pathological Gamblers, says that if you are living with a compulsive gambler, you will answer "YES" to at least six of the following questions:

1. Do you find yourself constantly bothered by bill collectors?
2. Is the person in question often away from home for long, unexplained periods of time?
3. Does this person ever lose time from work because of gambling?
4. Do you feel this person cannot be trusted with money?
5. Does the person in question faithfully promise to stop gambling—even beg and plead for another chance—yet gamble again and again?
6. Does this person ever gamble longer than he or she intended to until the last dollar is gone?
7. Does this person immediately return to gambling to try to recover losses or win more?
8. Does this person ever gamble to get money to solve financial difficulties, or have unrealistic expectations that gambling will bring the family material comfort and wealth?
9. Does this person borrow money to gamble or pay gambling debts?
10. Has this person's reputation ever suffered because of gambling, even to the extent of committing illegal acts to finance gambling?
11. Have you come to the point of hiding money needed for living expenses, knowing if you did not that you and the rest of the family may go without food or clothing?
12. Do you search this person's clothing or go through his or her wallet when the opportunity presents itself, or otherwise check on his or her activities?
13. Do you hide the gambler's money?
14. Have you noticed a personality change in the gambler as his or her gambling progresses?
15. Does the person consistently lie to cover up gambling activities?
16. Does this person use guilt induction as a method of shifting responsibility for his or her gambling to you?
17. Do you anticipate this person's mood or try to control his or her life, seeking some stability in your own?
18. Does this person ever suffer from remorse or depression because of gambling—sometimes even to the point of self-destruction?
19. Has gambling ever threatened to break up the family unit?
20. Do you feel that your life with the gambler has become a nightmare?

For more information about problem gambling and the resources available to you, contact the Muckleshoot Behavioral Health Program (17813 SE 392nd St. Auburn, WA 98092-9705) at (253) 939-6648. You can also call the free, 24/7 Washington State Problem Gambling Helpline at 1-800-547-6133 or visit www.evergreencpg.org.

BECOME A CHILD CARE PROVIDER!

*Do you love children? Have extra time on your hands?
Want to make some money? Have a clean background?*

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.

How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front and back.)

Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to care for approved Muckleshoot CCDF Families.

Contact: Monalisa Mendoza, CCDF

(Monday – Friday 8:00am – 4:00pm)

Phone: (253) 876-3056 * 3915

Email: Monalisa.mendoza@muckleshoot.nsn.us

Free Legal Services for Low Income Native Americans and Alaska Natives

Are you facing an issue in school? Do you need help with your attendance or performance in school? We can help!

The **Native American Unit** at **Northwest Justice Project** provides free civil (non-criminal) legal services to eligible Native American / Alaska Native students and their families in Washington. Cina Littlebird at the Native American Unit is available to provide advice and representation to Native American youth and their families in civil legal matters that can impact the student's attendance or performance in school.

Cina can work with you on (among other things):

- **Education matters** including:
 - o Expulsion, suspension, & truancy
 - o Discriminatory discipline
 - o Special education & learning disabilities
 - o Parents' rights
 - o Other situations impacting a student's ability to participate in school
- **Emancipation** (students seeking to be legally independent of their parents)
- **Foster & homeless student issues**
- **Health matters** including denial of health care services or assistance in obtaining mental health services
- **Housing problems** such as evictions, discrimination, or deposit issues
- **Public benefits matters** including applying for, denial of, or reduction of public benefits

To find out if Cina or the Native American Unit can help you, contact Cina at cina.littlebird@nwjustice.org or (206) 464-1519 ext. 0919.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



MIT NEW HIRES: JANUARY AND FEBRUARY 2018

We are pleased to welcome the following employees who have been hired or transferred into new positions here at Muckleshoot Indian Tribe. We hope that you will assist us in welcoming them

Hire Date: 1/2/2018

Employee Name	Job Title	Department
Elkins, Olivia	AWTP Participant	AWTP
Grant, Aaron	AWTP Participant	AWTP
Herda, Jonathan	PC Support Tech	IT
Jackson, Pearl	Family Resources & Program Coordinator	MELA
James, Lana	AWTP Participant	AWTP
Jansen, Myron	AWTP Participant	AWTP
Maharaj, Amy	Career & Technical Education Program Manager	Tribal College
Moses, Byron	AWTP Participant	AWTP
O'Brien, Lisa	MEIHSS Billing Specialist/ LPN	MEIHSS
Packard, Gayle	AWTP Participant	AWTP
Starr, Clifford	AWTP Participant	AWTP
Starr, Natalie	AWTP Participant	AWTP
Swift III, Lionel	AWTP Participant	AWTP
Vaiese, Alyssa	AWTP Participant	AWTP
Wilke, Catherine	Staff Physician	HWC

Hire Date: 1/29/2018

Employee Name	Job Title	Department
Cornwall, Matthew	Training Analyst	Human Resources
Petro, Julia Chrissie	Mental Health Therapist	MTS
Rose, Theodore Cord	Higher Education Analyst & Researcher	Tribal College
Starr, Sandra	Finance Specialist	MTS
West, Andrade	Recreation Coordinator	YDP

Hire Date: 2/5/2018

Jackson, Salena	Court Clerk	Tribal Court
-----------------	-------------	--------------

Hire Date: 2/12/2018

Employee Name	Job Title	Department
Blackwood, Kerry-Ann	MCFS PAL	MCFS
Eyle, Brandon	Youth Crew Supervisor	CCEOP
Hamilton, Dave	Youth Recovery Home Behavioral Specialist	BHP
Herda, Jessie	Instructional Assistant	MCDC

A Special Thank You to the Family Support Center

Dear Family Support Center,

I just want to say thanks to the staff and tribe for having somewhere for us to hang out and support each other. It is wonderful to be part of the change our community needed. Francis and Tony make everyone feel welcome as soon as we walk through the door. Also, special thanks to Charlotte Williams and Emily Montes-Daniels for lending helping hands as well.

I appreciate the tribe having a spot for us to go share our hopes and dreams with each other. When we lift each other, wonderful things happen. We can be the helping hand to each other. I love being an Enrolled Muckleshoot tribal Member. Blessed to come from The Elizabeth 'Marie' Daniels (Paternal) and Betsy Stillman-Lozier(Maternal) families.

Sincerely,

Vanessa Simmons

\$45,000 Housing Assistance Program – Increased to \$90,000 per Tribal Member

The Tribe's commitment to providing housing opportunities to its members is once again exemplified with recent policy changes to the \$45,000 Grant Program. Tribal Council recently approved that the \$45,000 Grant Program be increased to \$90,000 per Tribal member. These funds can be used for home ownership activities including down payment, mortgage reduction, home improvements, self-help and safe housing repairs. In addition, the Tribal Housing Ordinance has been updated to allow Muckleshoot enrolled couples to each utilize their \$90,000 grant towards eligible program services for a total Grant of \$180,000. \$20,000 of each member's assistance shall be reserved exclusively for safe housing repairs.

ELIGIBILITY:

Muckleshoot Tribal Enrollment: Applicant must be a Muckleshoot Tribal member at least eighteen (18) years of age and enrolled in the Muckleshoot Indian Tribe for a minimum of five (5) years or be enrolled in the Muckleshoot Indian Tribe and have resided within the Muckleshoot Reservation their entire life.

Proof of Ownership: Applicants must provide proof of ownership for the assisted property and utilize the home as their primary residence.

Proof of Insurance: Applicants must provide proof that the assisted property is covered by an insurance policy or sign a Homeowners Insurance Acknowledgment.

Release of Information: Applicants must sign a Release of Information to allow the Muckleshoot Housing Authority to obtain and verify information relative to eligibility for assistance.

Residency/Payback Agreement: Applicants, including any additional parties with ownership of the assisted property, must sign a Residency Payback Agreement agreeing to payback terms and refinance restrictions during a five (5) year payback period.

Please contact our office with any questions or for further assistance with applying for this program.

Is your Driver's License suspended?



Go to the Washington State Department of Licensing website to learn how to reinstate your license. On the website you can learn

- Your current license status
- Everything that has a hold on your license
- Step-by-step instructions for reinstatement
- How much does this service cost? Free
- However....If you owe fees or fines or traffic tickets, those will have to be paid off

In the meantime – other forms of transportation include METRO bus service and Muckleshoot Transit Service.

Contact Muckleshoot Police if you have questions.

Website: www.wa.gov/dol/reinstate



Are you eligible to receive child care assistance?

Is your child(ren):

- ✓ 12 years of age or younger?
- ✓ Of American Indian/Alaska Native descent?



Are you:

- ✓ Employed
- ✓ Enrolled in educational courses
- ✓ In job training
- ✓ Or participating in job search activities

Child care assistance is based upon your family's size & monthly income that is at or below 85% of King County's median income. You qualify, if your family's monthly income falls between the following ranges:

- Family size of 1: \$0 - 4,484
- Family size of 2: \$0 - 5,121
- Family size of 3: \$0 - 5,759
- Family size of 4: \$0 - 6,396
- Family size of 5: \$0 - 6,913
- Family size of 6: \$0 - 7,423
- Family size of 7: \$0 - 7,933
- Family size of 8: \$0 - 8,443

****Up to 100% of King County's median income for Enrolled Muckleshoot Tribal Member & direct descendant going 1 generation back- Mother or Father must be enrolled.**

Give us a call: 253-876-3016

Email: Linda.eyle@muckleshoot.nsn.us

Or stop by the office: 15599 SE 376th St Auburn, WA 98092

Located @ the Muckleshoot Early Childhood Education Center on the Tribal School Campus.



MUCKLESHOOT POLICE



Muckleshoot Police Report

Those subjects listed as “arrested” or “arrested via citation” means there is enough evidence for the police to prefer charges but have not been convicted

1/18/18 1204am C18002787 41500blk/SR 164 Warrant
An adult female was contacted while walking along the highway and found to have a warrant out for her arrest. She was booked.

1/18/18 115pm C18002854 39400blk/SR 164 Theft
An adult female found her car had been broken into while parked in the driveway. She was missing some change and office supplies.

1/18/18 630pm C18002906 39917 SR 164 Warrant
An adult male was contacted while illegally parked in a handicap spot and found to have a warrant out for his arrest. He was booked into jail.

1/19/18 1205pm C18003017 39015 172nd Ave Se Trespass
An adult male who had been trespassed from several buildings showed up and would not leave. He was arrested and booked into jail.

1/20/18 400pm C18003207 36800blk/147th Ave Se Trespass
An adult male was trespassed from a private residence at the request of the homeowner.

01/20/18 12:41 AM 18-01006 Muckleshoot Bingo Stolen Property/Auto Theft tools
While patrolling the bingo hall parking lot an officer encountered a car with a stolen rear license plate attached to it. The license plate belonged to a different car, and there was no record of the car itself being stolen. The officer detained the driver who said he had recently bought the vehicle on a popular online site but had no paperwork showing the car belonged to him. The man admitted putting the license plate on the vehicle but only because the one that was on it was expired. The man also had an illegal key that was filed in a manner that allowed cars to be easily stolen. He was arrested and the car was impounded for safekeeping until an owner could be located to determine if it was stolen.

01/21/18 1:28AM 18-01046 Muckleshoot Bingo Trespass/Warrant
Bingo hall security officers located a woman in a game room that had been permanently barred from the casino and bingo hall. She was detained and then it was discovered that she also had a \$1000.00 Trespass warrant out of Auburn for missing a court date from a previous trespass arrest at the same place.

01/21/18 3:39AM 18-01051 Muckleshoot Casino Trespass/Warrant
A woman who was not allowed inside the casino decided to return but was spotted and detained by casino security officers. The police arrived and found that she also had a no-bail Escape warrant out of the Department of Corrections.

01/21/18 7:40PM 18-00839 Muckleshoot Casino Trespass/Warrant
A previously barred man was seen inside the casino and stopped by security. Police checked the man's record and found that he had a \$10,000.00 Trespass warrant out of Tacoma.

01/22/18 4:28AM 18-01088 1700 17th St SE Assault
A man staying with a relative went to the police station and reported that his wife accused him of flirting with her brother's girlfriend and then both his wife and her brother attacked him causing some injuries. The man was very intoxicated and it was unclear if his story was accurate. The wife and brother were interviewed and the brother claimed the man attacked him and the wife stated that she was in another room the entire time and knew nothing about what might have happened. Neither had injuries consistent with causing the husband's injuries.

01/22/18 10:54 PM 18-01127 Muckleshoot Casino Warrant/Resist Arrest
A police officer talked to several people sitting in a parked car at the casino that security suspected were using drugs. A man in the car tried to lie about his name but was recognized by a security officer and identified. A check of the man showed he had a no-bail Escape warrant out of the Department of Corrections, a \$15,000.00 drug warrant out of King County, and another \$4000.00 drug warrant out of Auburn. While being handcuffed the man tried to escape and flee from the officer but he was quickly captured.

01/22/18 11:43PM 18-01130 Muckleshoot Casino Theft
A casino patron reported that his cell phone was stolen while he was at the casino and that he had tracked it using a locating app to an area of Kent but the exact location could not be determined.

1/22/18 1030am C18003431 16300blk/SE 391st St Theft
An elder had a lightbar off his Jeep stolen overnight. Deputies looked in the area for the lightbar or suspect and did not locate anything.

1/23/18 1000am C18003636 41500blk/SR 164 Welfare check
Deputies responded to a report of an adult male acting erratically at a construction site. Deputies were able to calm the man down and provide him with assistance in getting help.

01/23/18 2:44AM 18-01135 Muckleshoot Bingo Child Neglect
Bingo hall security officers discovered a 3-year-old child and 5-year-old child left alone in a car at the bingo hall. A review of security video showed that a man, the father, had left them there for over an hour. The man was located and said that he had only come to the bingo hall to cash a check but once inside decided to stay and gamble. The case was forwarded to the prosecutor's office.

1/23/18 1215pm C18003678 16300 blk/SE 392nd St Welfare check
Deputies assisted CPS/ICW with a welfare check on a disabled child living in a home where there may be drug use. ICW is working on providing services to the family.

1/25/18 1000am C18003979 38800blk/164th Ave Se Order Violation
Two adult females were arrested after they were found inside an elders home after they had been served an order to stay away. They were both booked in jail.

1/25/18 900pm C18004077 16000blk/385th Ct Se Warrant
An adult female was booked into jail on her outstanding warrant after being contacted during a disturbance.

1/26/18 1200pm C18004151 17800blk/SE 392nd St Order Violation
An adult male was cited into court for violating a vulnerable adult protection order after he had been showing up to an elders home he had been ordered to stay away from.

1/26/18 345pm C18004215 40800 blk/SR 164 Warrant
An adult male was arrested during a traffic stop after learning he had a warrant out for his arrest. He was booked into jail.

1/27/18 1230am C18004270 41300blk/SR 164 Warrant
An adult female was booked into jail during a traffic stop on her warrant for furnishing alcohol to minors.

1/28/18 1130am C18004424 39200blk/172nd Ave Se Warrant
An adult male was arrested and booked on his warrants as he was contacted by police walking along the roadway.

1/28/18 830am C18004492 38000blk/158th ave e Burglary
An adult male reported that his house was burglarized while he was away at Bingo. Several items were stolen including a TV. There is suspect information and leads that are being followed.

1/29/18 730pm C18004659 42000blk/180th Ave Se Stolen Car
A deputy found a stolen car dumped near a river gate. There is no suspect information.

1/31/18 730am C18004887 39800blk/174th ln Se Warrant
Deputies responded to a suspicious circumstances call; possibly a burglary in progress. A subject was quickly apprehended and arrested. He was booked into jail. The case is ongoing at this time

2/1/18 1230am C18005027 17th st/Dogwood St Se Stolen Car
An alert deputy noticed a suspicious car parked in the Green Tree condos. He noticed the plates did not match the color of the car and that the tabs were not correct. He ran the VIN and found the car was stolen. There was no suspect information.

02/01/18 1:00AM 18-01562 4900 Auburn Way S Possible assault
The son of a Tribal Elder reported that he felt his ex-girlfriend had assaulted his mother during a child custody dispute. The Elder was interviewed and refuted the claims of an assault on her saying that she was not injured or hurt by the other person. An informational report was taken and passed on to Muckleshoot Adult Protective Services.

02/01/18 8:33AM 18-01563 2341 Auburn Way S Trafficking
Police detectives discovered that an employee of a local pawn shop had allowed transactions with a female who, due to previous stolen property trafficking convictions, was placed on a "do not buy" list that prohibited pawn shops from doing business with people on that list. The automated system apparently alerted the employee but was allegedly ignored. Charges were forwarded to the city of Auburn prosecutors office.

02/01/18 10:12AM 18-01565 Muckleshoot Casino Robbery/Auto theft
A man reported that he had been beaten up and had his silver 2014 Dodge Charger stolen from him at the casino. Upon talking to the man it was discovered that he had actually been assaulted several days prior in another city but at that time befriended another man who had helped him. The victim and his new friend wound up at the casino at which point, for no known reason, the new friend threatened to kill the man if he didn't give him his car. The car was later recovered in Tacoma.

02/01/18 1:43PM 18-01571 Muckleshoot Bingo Trespass/Warrant
Bingo hall security officers detained a man who they recognized as having been permanently banned from the location. It was then discovered the man had a \$1000.00 Trespass warrant out of Auburn for missing a court date after having been arrested for trespassing at the same location previously.

02/01/18 3:39PM 18-01587 Muckleshoot Casino Theft
A casino patron reported that he lost his wallet at the casino. A check of security video revealed that the man had left the wallet at a cashier cage but another man picked it up and left the casino with it.

2/2/18 800am C18005217 17th st/Dogwood St Se Stolen Car

Deputies were alerted to a suspicious car. Upon arrival, a male was arrested on a warrant and booked into jail. The car was later reported stolen.

02/03/18 1:11AM 18-01659 2100 Auburn Way S Order violation
During a traffic stop, an officer discovered that the male owner of the car had a restraining order with a female who was the driver. There was a male passenger who turned out to be the man on the restraining order and he was arrested.

02/03/18 1:55PM 18-01682 2800 Scenic Dr SE Auto recovery
A local resident called 911 to report a suspicious occupied car parked in his neighborhood. The police arrived and found that the vehicle was reported stolen and arrested the man they found in it.

02/03/18 10:12PM 18-01696 2900 Auburn Way S Assault
A man reported that a known man arrived at his apartment and asked him to sell him marijuana that he did not have. The other man became angry and pepper sprayed the victim before leaving.

2/4/18 900pm C18005592 16300blk/SE 391st St DUI
An adult male was arrested for DUI.

2/4/18 930pm C18005600 38900blk/SR 164 Disturbance
Deputies were called to a home for a verbal argument between family members. No crime had been committed.

2/5/18 100pm C18005701 38400blk/SR 164 Warrant
While checking on the welfare of an elder, deputies arrested a man on his outstanding warrant. He was booked into jail.

2/5/18 315pm C18005718 14700blk/SE 368th pl Forgery
An adult female reported her checks stolen and cashed. There is suspect information and the case is ongoing.

02/07/18 12:20AM 18-01856 Muckleshoot Casino Fraud
Casino cashiers discovered a man trying to cash a check at the casino that appeared fraudulent. It was then discovered that the man had already cashed \$6000.00 worth of checks from the same account. Bank employees confirmed the man did not have an account at the bank. The man claimed he got the checks from a man who was starting a business and asked him to cash some business checks for him and keep a portion.

02/07/18 4:04 AM 18-01863 Muckleshoot Casino Felony Order Violation
Casino security detained a female after she was seen punching a male who turned out to be her boyfriend. An investigation revealed that there was also a no-contact order between the two protecting the man. Due to the assault, the order violation became a felony crime.

02/07/18 8:42AM 18-01871 2901 Auburn Way S Burglary
Employees of an apartment complex reported that someone broke into the laundry room and damaged several washers and dryers to get coins out of them. A truck that had just been stolen was found abandoned. There was a firearm in the truck when it was taken however it was missing upon recovering the truck. There is no suspect information at this time.

02/09/18 5:11PM 18-01972 Muckleshoot Casino Auto Theft
A man reported the theft of his silver 1996 Honda Accord from the casino parking garage. A check of security video showed an unidentified man drive away from the car earlier in the afternoon. The car was located in a parking lot 10 blocks away a few hours later. Witnesses described that a similar male left it.

02/10/18 11:01 PM 18-02021 1730 Ginkgo St SE Felony Order Violation
A woman called 911 because her daughter and her boyfriend were at her house and wanted them removed. It was discovered that there was a no-contact order between the daughter and her boyfriend so the boyfriend was arrested for the violation. Due to previous order violation convictions, the violation became a felony crime.

02/11/18 3:43PM 18-02044 2300 Dogwood St SE Assault
A man reported that his girlfriend punched him in the face while they were driving and then when he got out she hit him with the car. Witnesses reported that the man was not in the car but the woman stopped where the man was walking and got out and punched him. The witness did not see if the car struck him.

2/11/18 830pm C18006738 38700blk/172nd Ave Se Warrant
An adult male was arrested during a traffic stop and it was found he had several warrants out for his arrest. He was booked into jail.

2/12/18 200pm C18006859 2400blk/Auburn Way S Drugs
Deputies pulled over a car for a traffic violation and upon walking up to the car, the driver began to smoke heroin. The man was cooperative and was arrested without incident after being found to be in possession of other drugs.

02/12/18 7:59AM 18-02065 Muckleshoot Casino Theft
A casino patron reported an unknown person stole items from his car while it was parked at the casino.

2/12/18 245pm C18006901 36800blk/148th Ave Se Trespass
An adult male was trespassed from a home at the request of the homeowner.

2/12/18 400pm C18006924 15800blk/Se 383rd St Burglary
An adult male reported he came home and found that someone had been inside his home, used his bathroom and used drugs. There is possible surveillance video of the crime that is being investigated.

02/13/18 6:24AM 18-02136 2900 Scenic Dr SE Warrant
A neighborhood resident called 911 to report a suspicious car parked near the White River Cemetery with three men passed out in it. An officer investigated and discovered that one of the men had a \$5000.00 disorderly conduct warrant out of Marysville.

02/13/18 7:00AM 18-02112 Muckleshoot Casino Theft/Forgery
A casino patron reported that a woman she met at the casino bought a watch from her with what turned out to be a forged \$50.00 bill.

02/14/18 4:05AM 18-02154 Muckleshoot Casino Auto Theft
A casino patron reported the theft of his Gray 1989 Nissan Sentra from the 2nd floor of the parking garage. A check of the security recordings showed two men entered the car and drove it off the property. The car was found in Olympia 2 days later.

02/14/18 8:19PM 18-02193 Muckleshoot Casino Warrant
A man was suspected of trying to use a forged check at the casino. The validity of the check could not be determined, but unfortunately for the man, he had a \$2500.00 Theft warrant out of Lakewood so he was arrested anyway.

02/14/18 11:53PM 18-02203 Muckleshoot Bingo Trespass/Drugs
A bingo hall security officer saw a man hide a backpack in a bush outside the building before he entered which attracted attention to him. He was then recognized as someone who had been barred from the location. Once he was detained his backpack was retrieved and searched which had drug paraphernalia in it. Security gave the paraphernalia to the police when they arrived. At that point, the man admitted he used methamphetamine and that he had some hidden in his wallet.

02/15/18 5:25AM 18-02216 2000 Ginkgo St SE Auto Theft
A man reported the theft of his maroon 1994 Honda Accord from his driveway. The car was found in south Auburn the next day.

02/15/18 5:51PM 18-02248 Muckleshoot Casino Forgery
A casino cashier noticed that a check a man was trying to cash looked like it had been altered. The man was detained by security and the police were called. The man admitted that he had erased the original account holders name and put his own on the check. The man claimed he had gotten the check from a man he met on the internet.

02/15/18 9:42PM 18-02256 Muckleshoot Casino Trespass/Assault
A man reported to casino security that his ex-wife was harassing him and his new girlfriend by following them around at the casino and that he was trying to stay away from her because he had a no-contact order. At the time it appeared no crime had been committed since the man was trying to avoid the woman. The woman was barred from the casino and left. A later review of the incident on security recordings showed that the woman had actually slapped the man on his head while she was following him around, which he had not told them about at the time. Unfortunately for the woman, she decided to ignore her baring notice and returned to the casino later the same night where she was recognized and detained for the police who arrived and arrested her for trespassing and the assault on her ex-husband.

02/16/18 12:20PM 18-02279 Muckleshoot Casino Theft
A patron reported the theft of his cell phone from the casino but did not know where he last had it. He also reported that the phones tracking app showed it to be in Tukwila, which was later determined to not be accurate. The following day an officer continued to investigate and learned that another man had sold the phone at a kiosk in Auburn. The man was contacted and said that he had found the phone in the parking lot of the casino.

02/17/18 12:53AM 18-02319 Muckleshoot Casino Theft
A casino patron reported that his father had been playing a card game and left the table for a short time. When he returned there was \$1500.00 worth of poker chips missing.

02/17/18 4:18AM 18-02330 Muckleshoot Casino Forgery
A man attempted to use a counterfeit \$110.00 bill at the casino but it was noticed by a cashier who thought it looked fake. The man told the police that he found the \$100.00 on the ground along the road and decided to take it to the casino to see if it was real.

02/17/18 11:32PM 18-02358 Muckleshoot Casino Warrant
A suspicious couple was talked to by police outside the casino and identified themselves. At that time they were not found to be committing a crime and continued inside. Officers checked the man and woman's names and discovered that both of them had no bail escape warrants out of the Department of Corrections. They were both located inside and arrested.

2/17/18 930pm C18007680 16000blk/SE 385th pl Assault
An adult female was arrested after she got into an altercation with two adult males and reportedly stabbed them with a large knife. Both men were transported to the hospital where they were treated for their injuries. The female was booked into jail.

02/18/18 6:06PM 18-02387 Muckleshoot Casino Forgery
A woman exchanged a \$100.00 bill with a casino game attendant for smaller bills but the attendant quickly noticed that the \$100.00 bill looked fake and called security. The woman was detained and then a gaming agent recognized the woman as a suspect in another counterfeit \$100.00 bill that was exchanged a few months prior. At that time the woman had left the casino before they could talk to her. The woman admitted to the police that she did know the bills were counterfeit.

02/19/18 3:05AM 18-02402 Muckleshoot Casino Warrant
Casino security reported seeing a man get into a car with a slim Jim and start to drive away. The car was stopped a short ways away by police and an investigation revealed that the man had locked the keys in the car and had permission to drive the car from the owner who was called. Unfortunately, the man also had a \$5000.00 suspended driving warrant out of Seattle.

02/19/18 8:58AM 18-02414 2901 Auburn Way S Burglary
An apartment complex employee reported that someone broke into their laundry room and damaged several washer and dryers in order to steal coins from them.

02/19/18 2:24PM 18-02423 Muckleshoot Bingo Theft
A patron reported that while she was inside the bingo hall someone got into her car and stole her cell phone and several boxes of items she had intended to donate to charity.

02/19/18 6:42 PM 18-02154 Muckleshoot Casino Fugitive from justice
A man was detained by casino security on suspicion of possibly trying to use forged bills. During the investigation, it was discovered that he was a fugitive from Oregon where he had a no-bail drug warrant. The bills were determined to be forged but the man had already returned the real money he had gotten from the exchange and no more action was taken on the forgery.

2/19/18 1100am C18007867 38700blk/160th Dr. Se Burglary
An adult female reported several of her electronics wound up missing after letting some family stay with here. There is possibly enough evidence to charge the suspect(s) however the police are waiting on the cooperation of a witness.

2/20/18 640pm C18008081 16000blk/SE 385th Pl Assault
An adult male was arrested after he assaulted his elderly parents. When the deputies arrived, he attempted to initiate a fight with them but they were able to calm him down and take him into custody without incident. He was booked into jail.

02/20/18 9:08AM 18-02458 Muckleshoot Bingo Forgery
A man tried to cash a gaming machine ticket at the bingo hall that was determined to be worth 30 cents but had \$1400.00 on its face. An examination of the ticket showed that it was a real ticket but that the value amount had been altered. The man told police that he had found the ticket and tried to cash it, but had no idea that it was altered.

2/21/18 400pm C18008275 15800blk/SE 383rd St Theft
An adult male allowed a juvenile male to borrow his car however it was not returned in a timely manner. The car was finally returned but a gun was missing from the car. The case is still ongoing.

02/21/18 12:26AM 18-02496 Muckleshoot Market Forgery
A man used a counterfeit \$100.00 at the Muckleshoot Market to make a small purchase which resulted in him exchanging most of the bill for real money. During an investigation, the police were able to use the security video to ultimately identify the man and charges were sent to the prosecutor.

02/21/18 10:19 AM 18-02509 1700 Dogwood Dr. SE Weapons offense
A neighborhood resident reported hearing what sounded like a gunshot overnight and later discovered that someone had apparently shot a hole in her car. The woman did not know why or if someone had specifically targeted her car for some reason.

02/21/18 5:20PM 18-02523 Muckleshoot Bingo Trespassing
A woman who had been permanently barred from the bingo hall was caught inside by security. She was arrested and taken to jail.

02/22/18 2:25AM 18-02537 Muckleshoot Casino Trespassing/Drugs
A man was caught trespassing in the casino in violation of a permanent barring notice and detained by security. When the police arrived and searched the man after his arrest they located heroin and drug paraphernalia on him.

2/22/18 1020pm C18008455 40900blk/176th Way Se Weapons
An adult male and female got into an argument and the male left. When the male left, the female heard what she thought was several gunshots outside. The deputy responded and could not find any evidence left behind. Nobody was injured.

2/24/18 705pm C18008695 38300blk/SR 164 Warrants
A Deputy stopped a car for a traffic violation and contacted the driver. The driver gave a name the deputy believed to be fake based on there being no return. When the deputy grabbed his mobile fingerprint scanner to ID the man, he then admitted he gave a fake name. The man and his female passenger were both arrested on outstanding warrants.

02/24/18 9:01PM 18-02646 Muckleshoot Casino Warrant
A woman tried to enter the casino using her friend's ID so security detained her. A check of the woman's true identity showed she had a \$3000.00 Theft warrant out of Tukwila.

02/24/18 10:27PM 18-02651 2200 Dogwood St SE Warrant
Police talked to a suspiciously acting man who identified himself and was then arrested for a No bail Order violation/Assault warrant out of Pierce County.

02/25/18 4:39AM 18-02660 Muckleshoot Casino Warrant
A police officer noticed a man sitting in a vehicle in the parking lot of the casino and stopped to talk with him. The man was identified and then arrested on a \$5050.00 Trespass warrant out of King County.

02/25/18 5:07AM 18-02665 Muckleshoot Casino Theft
A casino patron reported the theft of his wallet to security. A review of security video showed that an elderly female playing next to the man had picked up something off the floor next to him, and she was suspected of possibly picking up the man's dropped wallet. Security located the woman but it was determined that what she picked up was not the man's wallet.

02/25/18 5:40AM 18-02664 1700 Dogwood Dr SE Robbery
A woman reported that while she was having a get together with a few friends when two men wearing masks and armed with pistols came into her house following one of the friends who had just arrived. The men struck several of the guests and the female resident then fled with items taken from them. The woman said she had no known reason for her or a guest specifically being targeted or if it was a random act. Detectives are investigating possible motives in an effort to identify the suspects.

02/25/18 10:22 PM 18-02692 Muckleshoot Casino Sexually motivated assault
A security officer recognized a patron who was a developmentally delayed young man she knew was sometimes at the casino with his parents. The officer noticed that another man sitting next to the young man was acting strangely and started pulling the other man towards him and started touching him in what appeared to be sexual advances. The young man appeared to be acting uncomfortably so the security officer quickly intervened. The young man's parents were located who helped to communicate with him. It was determined that the other man's physical advances were unwanted so he was arrested.

02/26/18 12:55AM 18-02695 Muckleshoot Casino Assault
Casino security witnessed a man walk up to a woman in the casino and for no known reason he punched her in the side of her head. The woman fell down and injured her ankle as well. When security attempted to detain the man he decided to fight with them as well. There was no known reason for the assault and the man and woman did not know each other. The woman pressed charges and the man was taken to jail.

02/26/18 3:14AM 18-02696 Muckleshoot Casino Trespass/Drugs
A man was detained for trespassing at the casino and the police were called. After the man was arrested he was searched and the police found drug paraphernalia on him.

02/26/18 11:31PM 18-022737 2400 Auburn Way S Assault
A very intoxicated woman claimed that her boyfriend threw her on the ground as they walked to the casino. It was ultimately determined that the woman attacked the man and then fell down when he tried to push her away from him. The woman was arrested for domestic assault.

2/27/18 600am C18009057 39200blk/165th pl Se Trespass
An adult male was found sleeping on the couch of an estranged friend of his. The homeowners asked him to leave and for him to be trespassing. It is unknown how the man got into the house.

02/27/18 7:45AAM 18-022742 Muckleshoot Bingo Auto theft
A bingo hall patron reported the theft of his gray 2003 Kia Spectra from the parking lot.

02/27/18 1:26PM 18-02765 Muckleshoot Casino Trespassing/Drugs
A patron reported to security that there was a man in the women's restroom at the casino smoking from a glass pipe. When security officers investigated they discovered a man in the bathroom who appeared to have just finished smoking some type of drug from a glass pipe. The man was detained and the police were called. It was also discovered that the man had also been previously barred from the casino. It was determined that the pipe was of the type commonly used for smoking methamphetamine.

2/27/18 245pm C18009138 39900blk/SR 164 Theft
An adult female reported her car was broken into while parked at the Muckleshoot Library. There is possible suspect information.

Free Legal Services for Native American Victims of Domestic Violence and Other Crimes

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program (CLEAR) has new services available for Native American crime victims through the CLEAR-CV-Native American Program. An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal problems include:

- Family Law** matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.
- Health** matters including denial of health care services or assistance in obtaining mental health services to deal with victimization
- Housing** problems such as evictions or needing to break a lease due to a crime in the home
- Economic security** issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- Other** legal problems resulting from being a victim of crime

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

Questions? Contact Jennifer Yogi at jennifery@nwjustice.org or (206) 464-1519 ext. 0921

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



Revised 1-18-2017

Tomanamus Forest Permits

Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number
Tribal Members Only.
The permits are FREE.
Office Hours are 8am to 5pm
Monday thru Friday.

From the Office of Tribal Credit...

Did you know that our office has copies of the Consumer Reports magazine? You are more than welcome to stop by our office and take a look at them. We can also photocopy pages for you too. Consumer Reports has The Best of the Best and Worst of the Worst for vehicles as well as any other item that you might be looking to buy.

Muckleshoot MONTHLY

READ THE MUCKLESHOOT MONTHLY ON-LINE AT:
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

Pioneer Rock & Monument
201 Crafton Rd - PO Box 348 Goldendale, Wa 98620
Map to store on website 509-773-4702

Making Headstones For 30 years
1987 - 2017

Specializing in Native American Design

Bring this ad for
\$30 OFF ON A PHOTO PLATE

www.pioneerrock.com

HOME-BUYER Workshop

Please join Muckleshoot Housing Thursday, February 22@ 8:30 am for our Homebuyer Education Workshop. We are providing breakfast so come hungry for fun, food, and knowledge about the home-buying process!

Housing Training Facility in Skopabsh Village

If you wish to attend the session, please contact:
Dia Nichols @ 253-285-4052,
Dia.Nichols@Muckleshoot.nsn.us

EVENTS CALENDAR



March 24

Winona "Nona" Lozier Memorial at 10am at the New White Lake Cemetery. Dinner and giveaway to follow at Muckleshoot Shaker Church.

March 25

Awakening the Canoes - 12 pm at Don Armeni Boat Launch - Alki Beach. Meet at 9:30 am at Culture Building for a ride. Questions call 253-876-3013

March 28

Minor's Trust Education Class 4-7pm at Muckleshoot Health & Wellness Center. Contact 253-876-3014 for more info

April 13, 14 & 15

2018 D.A.S. Memorial 14th Annual Men's All-Indian Basketball Tournament at Muckleshoot Tribal School.

April 19 & 20

Earth day 2018

July 18 - 22

79th Annual Tekakwitha Conference at The Greater Tacoma Convention Center. For more information go to tekakwithaconference2018@gmail.com

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-11/17-191,192
PETITIONER: Keilani Moses on behalf of D. R., DOB: 05/22/2014 and P. R. DOB: 07/10/2015
Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, April 3, 2018 at 10:00 AM.

Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Cultural Events

The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner

When: Every 2nd Tuesday of the month: Canoe Family song & dance - 5:30 to 7:30 PM

Get Your Weave On! Weaving with Gail WhiteEagle

When: Tuesdays (except 2nd Tuesday's) - 12:00 PM to 8:00 PM
Wednesdays & Thursdays - 9:00 AM to 5:00 PM
Both are at the Canoe Family Clubhouse

Sewing Projects with Pauline Lezard & Sandy Heddrick

When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

GET READY FOR HEAVY RAINS AND FLOODING

Watch weather forecasts for the potential of heavy rains or rainfall build-up over multiple days. These guidelines can help you get prepared before the waters rise.

Personal Preparedness

- Use the Take Winter By Storm Checklist to prepare an emergency kit, including a radio, flashlight, extra batteries, a first-aid kit, emergency contact information, water, and non-perishable food. You can find a detailed list at TakeWinterByStorm.org.
- Keep rain gear, water repellent clothing and extra warm clothing handy at home, work and in your vehicle to use in an emergency.

Drainage/Landslides

- Rake leaves and debris away from storm drains to keep them clear to avoid flooding streets and damage to personal property.
- Report flooding drains and streets as soon as possible.
- Double-check your homeowner's policy to see if you are covered for storm water damage in your home -- if not, add this coverage to your insurance.
- Watch the patterns of storm water drainage on slopes near your home, and note the places where runoff water converges.
- Grade property so water drains away from the foundation and downspouts direct water and from property into the storm drainage system.
- Watch the hills around your home for any signs of land movement, such as small landslides, debris flows or progressively tilting trees. Contact your local geotechnical or structural engineer to determine the severity of the problem.

Flooding

- Keep valuables on high shelves when storing materials in basements or in areas that are prone to floods.
- Stay out of flooding basements. You could be electrocuted or drown.
- Never drive into standing water or around road-closure signs.
- If your vehicle stalls in water, abandon it and get to higher ground. It takes only a foot or two of rapidly-moving water to sweep away a car.
- If you live near rivers that historically flood, be prepared for river flooding. Have an emergency kit ready to grab and go in case of evacuation.
- Be safe. If a flood warning is issued, get to higher ground immediately! Follow evacuation and other official directions during flood emergencies, but don't wait for them if you think you are in danger.
- Walking or playing around flood waters is dangerous; you can be knocked from your feet in water only six inches deep!
- Homeowners, renters and businesses should purchase flood insurance.
- If your natural gas furnace shuts down because of flooding, shut off the electric supply to the furnace until the water recedes and ducts are dry.
- If you smell a natural gas odor or suspect a leak, leave your home or building immediately and call your natural gas utility or 911.
- Notify your natural gas utility if flooding causes water levels to cover your gas meter. A representative from the utility will need to check the meter and regulator before any gas appliance can be used.
- If you have to evacuate your home or building as the result of a flood, shut off your gas and electricity, only if you can do so safely. This may prevent damage to your gas and electric appliances.
- Call your natural gas utility to schedule a service-check for your natural gas appliances after they have dried out and the area around the affected appliances has been cleaned.

When heavy rains strike, first ensure your own safety. Then check in with family, friends, and neighbors to make sure they are OK.

MUCKLESHOOT INDIAN TRIBE
PUBLIC WORKS DEPARTMENT
COMMUNITY DEVELOPMENT DIVISION
39620 176th Lane SE, Auburn, WA 98092
(253) 876-2975

To: All Muckleshoot Tribal Families in King and Pierce Counties
RE: MIT Water, Sewer & Garbage Assistance Program

As we begin 2018 the Public Works staff would like to take this opportunity thank all of the Tribal members that have submitted their utility invoices in a timely manner and remind everyone how important it is to submit your invoices timely to insure your water, sewer & garbage bill is processed in time to avoid unnecessary late fees and shut off notices.

- Please make sure you bring in your monthly water, sewer & garbage invoices to the Public Works office on 400th Street as soon as you received them in the mail. You may also choose to email or fax them to our office:
Email to both: tara.sheldon@muckleshoot.nsn.us; Phone: 253-876-3054
loretta.moses@muckleshoot.nsn.us; Phone: 253-876-3071
Fax: 253-876-3026
Deliver: 39620 SE 176th Lane, Auburn (by the water tower off 400th Street)
- Due to the Finance department's check run deadline, please submit your utility bills to our office no later than **Tuesday at noon** in order for your payment to be issued on the following Friday.
- Another option is to pay your water, sewer & garbage bills and request reimbursement from Public Works later. In such case, please make sure you bring in the bill along with the proof of payment to the Public Works office so we can process the reimbursement.

We appreciate your attention in this important matter and your cooperation is greatly appreciated. If you have any question, please feel free to contact any one of us in the office at the numbers above.

Respectfully,

Eddy T. Chu
Director of Public Works

Happy 4th birthday - February 27, 2014

From Mommy, Daddy, Tristan, Jaidan, Karley, Jason, Kyson, and Grandma Elaine.



HAPPY 1ST BIRTHDAY KEAHI



Happy birthday to our girls brooky, lenayah love you, mommy&daddy 3-19, 3-1



Happy Birthday Kriztian Taylor!

You are the big 5! You've become our life, our light and our everything!

You've made the last five years the best of our lives... Mommy and daddy love you so much!!

Happy 5th Birthday Baby (In the photo Krizitan and Apollo) March 9th, 2013

I want to wish a Happy Birthday to my dear husband Wally Jackson, whose birthday was March 14.



Love forever, **Pamie**

Dear family and friends,

I am writing to say hello to all of you; I miss you all. Also, to say I love you to my kids Dorothy, Marjorie, Tiana, and Skyla. I miss you all a lot, dad will always love you. To my family and friends, I hope you are all doing good and making good choices. Stay safe and may God be with you.

-Love, Josh Moses

Muckleshoot Messenger?

Did you notice the title on the front page? Elders have been talking to me about the old original tribal paper by this name. It was chosen and voted on by the community and many still like it.

What do you think? muckleshoot.monthly@muckleshoot.nsn.us



Happy 1st birthday Ansley AnnMarie, you have grown so much and so beautiful in your first year, we love you very much.

- Love, Mom, Dad, Natalia, and Keanu

Happy birthday Moon Martin SR. (3/27) Love you bunches! Jen, and kids/grandkids



March 8th - Happy Birthday Mom - May all your wishes come true, because we all know you deserve just that.

XOXO: *Suze and Kids*



Took granddaughter Anabela up north to do some exploring along the Skykomish River last Sunday. She turned 12 on March 15. I posted these on Facebook and someone said I should put them in the paper, so I am. - John Loftus



Here's proud grandpa Alex Baker Sr. with Alyssa Marie Baker, daughter of Alex Baker Jr. & Maggie Moses.